

the

Serving the city since 1995

HOLYOKE

Sun

A TURLEY PUBLICATION | www.turley.com

August 14, 2026 ■ FREE

www.sun.turley.com

Museum hosts gallery opening

‘Pictorally Speaking’ features Chuck Abel photos of Holyoke using antique camera

By Christina Gioscia
Correspondent

HOLYOKE – On Monday, Aug. 3 Wistariahurst Museum opened their new photography gallery, “Pictorally Speaking.” These photographs were taken by Chuck Abel with a camera around one hundred years old. The photos feature different locations and aspects of Holyoke, highlighting the ties the city still has to it’s history.

Abel discussed displaying his work at the gallery and his inspiration behind the photos of Holyoke.

“Most of the locations have some historic significance,” he said. “It’s kind of



Several of Chuck Abel’s photographs in the gallery.

where I ended up settling. Well, I hope they get the sense that we’re looking at Holyoke in its current day. But it’s being photographed through this camera that is over one hundred years old. And, kind of where that puts it. So, it’s the juxtaposition of old and new.”

Abel then shared where his passion for photography comes from.

“Since college, so 40 years,” Abel said.. “Just when I wake up in the morning, that’s what I want to be doing. I mean, I enjoy the medium. I enjoy making images, sort of the art of it. Not really inclined to be a good drawer or painter or anything like that, but I’m inclined to do art to make images.”

Working with Wistariahurst Museum helped to make this project

come to life.

“They’ve been very accommodating and supportive and, you know, they encouraged me,” Abel said. “When they set the date for the show, they said, ‘Go for it.’ That’s what I did. So, Wisterahurst approached me about doing a little display with their historic cameras. And as I was kind of looking at them, I was like ‘Wow, this would kind of be cool to take some pictures with one of these cameras,’ and I settled on that one because it’s a field camera. It seemed like it was in the best condition, so it’s a cool camera to work with.”

There are some technical aspects about the artwork he’s created with this vintage camera.

“Well, the style is pictorialist, which is,” he said. “I mean it has its actual historic



style of photography. And I kind of wanted to mimic that basically, because of the time period of the camera and that’s why they’re sort of tinted, sepia tone. That was a conscious decision on my

See GALLERY, page 10

Photographer Chuck Abel with the camera used for the photos in the gallery.

City council makes moves

Council to simplify processes

By Quinn Suomala
Correspondent

HOLYOKE – The Holyoke City Council during their meeting on Aug. 4 addressed several items that had been laid on the table in prior meetings.

One item was an order to allow every ordinance, unless specified otherwise by the council Charter or state law, will be considered passed with a simple majority of all members of the city council.

Previously ordinances needed a two-thirds majority to pass. This new order will make ordinances much easier to pass on the council.

Additionally, this also clarified when a voting majority was a majority of the full council body or just of those present.

See COUNCIL, page 10

Blue Sox celebrate Polish Heritage Night

By Brendan Rooney
Correspondent

HOLYOKE – The Valley Blue Sox hosted the 2nd annual ‘Polish Heritage Night’ in tandem with the Polish Center of Discovery and Learning (PCDL) and Bernat’s Deli, on the grounds of Mackenzie Stadium on July 31, and it was well worth the price of admission.

From a live rendition of the Polish national anthem playing over the intercom, to the budding unison of all generations echoing the ballad, as two young volunteers held the Polish flag, adorned in patterns of porcelain white and crimson red, forever glistening in the spotlight as cameras watched on, to a triumphant playoff-clinching victory on the final day of the season for the Blue Sox, it was clear this was one to night remember.

Offering insight into how the event came together was PCDL President and Board Chair Joanne Gruszkos, who revealed the reasoning was quite simple.

“The Polish Center was thinking of a way to gather families of Polish descent and offer a night of entertainment and fun, while also being budget-friendly, and so we decided, ‘Why not do a baseball game’ in the local area,” Gruszkos said. “So we decided to reconnect with the Valley Blue Sox and expand on the blueprint and success we gathered from last year’s inaugural event, while also getting Bernat’s in the loop as well, and that’s how the idea of having a VIP tent came into focus, and we couldn’t be happier with the turnout, and we hope this continues to get bigger from here on out as we continue to grow.”

Gruszkos added that she extends the invitation to all to stop by the PCDL, citing the vast wealth of history and the abundance of Polish culture, perfectly displayed and



Turley Photos by Brendan Rooney
Valley Blue Sox players sign a pair of signature Polish jerseys. The backs of the jerseys showing all the signatures.

honored.

“If you haven’t been to the [Polish Center], I recommend you do, because it’s a beautiful and well-crafted exhibit and showcase that’s worth visiting, because the truth is so much of our history relates to every culture, and we would love to share that with everyone, even if you are Polish or not,” she said.

Those who attended the special tailgate were treated to a full buffet of Polish classics, such as reverse Golumbki’s, Kielbasa with Peppers & Onions, among other specialites, along with refreshments, and a traditional specialty cocktail featuring V1 Vodka, courtesy of Bernat’s owner Greg Bernat,

who was on site and helped serve; according to consensus gathered, the food was one of the main highlights throughout the evening, with many sharing at times, “This was the best thing I’ve ever eaten, and another sharing, “this tastes just like home.”

Bernat said, “I love this event, and it’s one of my favorites, from the atmosphere at the ballpark to the sense of community; I couldn’t think of anywhere

else to be.”

Echoing similar sentiments was Blue Sox general manager Brandon Seymour.

“This event is always a bona fide success, and I can confirm we look forward to hosting this yearly, and it’s quickly become one of my favorite nights of the year at the ballpark,” Seymour said. He then pivoted to discuss the impact that the Blue Sox organization provides in terms of community involvement.

“Our presence in the community is huge, from hosting our youth clinics to making appearances in the schools with our



newly added “Pages to Paws” program, which was a pilot program we introduced this year that was focused on helping kids generate interest

See POLISH, page 10

School district says bus routes changes for students this fall

HOLYOKE – Bus routes will be changing for many Holyoke Public Schools students this year as the district prepares to transition to full-size electric school buses this fall.

These new electric buses are wider and longer than the traditional yellow school buses the district has been using—which means they will not fit or be able to turn safely onto some of the narrower streets in the city. Accordingly, HPS needs to rework many of the previous bus routes and bus stops. Where possible, HPS will maintain the prior routes and stops, but for some children, their new bus stops may be up to 500 to 1,000 feet further away than before.

(Note: These changes will only affect certain routes for full-size buses. Routes for smaller buses and minivans will not be affected.)

Families of all students who qualify for transportation to and from school will be notified soon via email with their bus route information, including location and pickup and dropoff information.

To ensure you are notified about bus routes and all other school information, please make sure your contact information is up to date in your child’s school records in PowerSchool. If your contact information

is not up to date, you can make changes through the district’s Enrollment portal.

For transportation questions, please email the district’s Transportation team.

Why electric buses?

According to the U.S. Environmental Protection Agency, electric school buses offer the following benefits:

- Zero tailpipe pollution, which means students, drivers, and community members are exposed to significantly less harmful diesel emissions;
- Reduced greenhouse gas emissions compared to diesel school buses;
- Reduced maintenance costs for brakes and no maintenance costs for bus engines or exhaust systems;
- Reduced fuel costs compared to operating on diesel fuel;
- Quiet, clean operations; and
- Improved student attendance and academic achievement, as documented in this study: Randomized design evidence of the attendance benefits of the EPA School Bus Rebate Program

In 2024, HPS was awarded federal grant funds towards the purchase of 21 electric school buses to serve district students through a partnership with Highland Electric and Durham School Services.



Submitted photos
Changes are coming to city school bus routes with electric school buses coming online this fall.

HMC expands services

HOLYOKE – Holyoke Medical Center is expanding its Oncology & Hematology services to provide greater access to high quality, compassionate cancer care for patients throughout the region.

The expansion will bring two experienced physicians to the HMC medical staff: Masih Farooqui, MD, and Subramony Subramonia Iyer, MD, MPH. Both physicians are expected to begin seeing patients in early November and will join

Renuka Dulala, MD; Zubeena Mateen, MD; and Katarzyna Swistak, DNP, as part of HMC’s growing Oncology & Hematology team.

The expanded service will also include new Oncology & Hematology office locations in Holyoke and East Longmeadow providing patients with additional options for receiving care closer to home.

“Holyoke Medical Center is excited to expand our Oncology & Hematology services and

welcomes Dr. Farooqui and Dr. Subramonia Iyer to our medical staff,” said Spiros Hatiras, President and CEO of Holyoke Medical Center. “This expansion allows us to increase access to experienced oncology and hematology providers while offering convenient locations in Holyoke and East Longmeadow. Most importantly, it strengthens our ability to provide the compassionate, personalized care our patients and their families deserve close to where they live and work.”

Public invited to Hibernians picnic

HOLYOKE – The Hibernians of Hampden/ Hampshire Counties invite the public to attend the Annual Traditional Summer Picnic 2026 on Sunday Aug. 30 at Hamels Pavilion in Holyoke from 1 to 5 p.m., rain or shine. This year for young people ages 1-10 we are offering mac and cheese, chicken fingers and lemonade, face painting, and sculpture balloons.

The giant barbeque will

include: hamburgers, hot dogs, potato salad, corn on the cob, tossed salad, dessert, coffee, iced tea, cash bar, music, dancing, raffle.

Featuring The Healy’s “The Institute for Better Living.”

The cost is \$30 for adults and kids 16 and over; kids 10-15 are \$15. For reservations/tickets call Ryan Allen at 413-531-3040 or Fran Hennessey at 413-785-5687 by Aug. 25.

NAMI offering education program

HOLYOKE – NAMI Western Massachusetts is pleased to offer their NAMI Family-to-Family Education Program in person, starting Tuesday, Sept. 15, from 6 to 8:30 p.m. in Greenfield.

What is the NAMI Family-to-Family Education Program?

NAMI Family-to-Family is a free, 8-session educational program for family, significant others, and friends of people with mental health conditions. It is a designated evidenced-based program. This means that research shows that the program significantly improves the coping and problem-solving abilities of the people closest to a person with a mental health condition.

NAMI Family-to-Family is taught by NAMI-trained family members who have been there and includes presentations, discussions, and interactive exercises.

Care Center to hold rowing regatta event on Aug. 22

HOLYOKE – The Care Center’s 26th annual Rowing Strong, Rowing Together Young Parents Regatta will take place at the Holyoke Rows Boathouse, 25 Jones Ferry Rd. in Holyoke, from 10 a.m. to 1 p.m. on Saturday, Aug. 22 (rain date Sunday, Aug. 23). All are invited to this family-friendly event. Come for the boat races, stay for the cotton candy and face painting.

Now in its 26th year, the Young Parents Regatta is the annual culminating event

of Rowing Strong, Rowing Together– a transformative regional program designed by The Care Center and Mount Holyoke College. The program partners community boathouses with agencies supporting young mothers and has received national recognition for its innovation and impact. This year participating teams include young mothers from Holyoke, Springfield, Chelsea, and Hartford, CT. More than 100 spectators and fans are anticipated.

Knowing that young mothers are subject to stigma and isolation, this program fosters a sense of belonging and provides an opportunity to showcase their collective strength and power. The Care Center’s Coach, Halley Glier, reflected on the impact this program has had over the past two and a half decades: “This program has been a container for young moms across New England to take risks, experience the benefits of teamwork, and connect with our waterways.

Women leave with confidence and support, which ripples out to their kids, families, and communities. It’s about way more than just rowing. It’s about learning to overcome obstacles, leaning on each other’s strengths, and inspiring others in the process.”

Located in Holyoke, The Care Center is a comprehensive and transformative educational program for young mothers and all women facing systemic barriers to success. The Care Center offers

individualized instruction to prepare students for the high school equivalency exam; college preparatory classes and coursework; an on-site associate degree program; as well as transportation, meals, childcare, counseling, and the skills and support needed to successfully complete college. The Care Center has received national recognition for its innovative approach including a Presidential Award in 2011. Additional information can be found at www.carecenterholyokey.org.

GHC invites businesses to Chamber Cup

HOLYOKE – The Greater Holyoke Chamber is inviting businesses, professionals, local leaders, and community partners from across Western Massachusetts to participate in the 58th Annual Chamber Cup on Friday, Sept. 25, at Westover Golf Course. Registration is now open for the annual event, which brings together the regional business community for a day of golf, networking, visibility, and relationship-building.

The Chamber Cup offers companies and organizations a valuable way to connect outside the traditional meeting setting. Participants can build business relationships, strengthen team connections, and engage with professionals from across the region

in a relaxed and welcoming environment. The event is open to Chamber members and non-members alike, making it a regional opportunity for businesses looking to expand their reach and community presence.

Businesses can participate in several ways, including registering a foursome, becoming an event sponsor, sponsoring a hole or meal, donating raffle prizes, or volunteering during the event. Each option offers a different path to visibility and engagement, whether a company wants to host clients, recognize employees, promote its brand, or support a signature community event.

The day will include golf at Westover Golf Course, breakfast, lunch,

raffles, and opportunities to connect with business owners, executives, public officials, nonprofit leaders, and professionals from throughout Western Massachusetts. For sponsors and raffle donors, the event provides added exposure before and during the tournament, helping businesses stay visible among a broad and engaged audience.

The Greater Holyoke Chamber encourages businesses to register early, secure sponsorship opportunities, and plan now for participation in the 2026 Chamber Cup. Companies interested in playing, sponsoring, donating raffle prizes, or volunteering can visit holyokeychamber.com or contact the Chamber for more information.

South Hadley Senior Center to show zoom presentation on 9/11 tragedy

SOUTH HADLEY – In observance of the 25th Anniversary of 9/11, the South Hadley Public Library, in partnership with the South Hadley Senior Center and South Hadley High School, will host a live community viewing of a special Zoom presentation by FDNY First Responder Joseph T. Bonanno on Wednesday, Sept. 2 at 6 p.m.

Sponsored by the 9/11 Tunnel to Towers Foundation, Mr. Bonanno

will share his personal experiences and reflections on the rescue and recovery efforts at Ground Zero following the September 11, 2001, terrorist attacks. Attendees are encouraged to submit questions for Mr. Bonanno in advance through the South Hadley Public Library website at www.shadleylib.org.

Community members may attend the presentation at the South Hadley Public Library, the South Hadley Senior Center, or South

Hadley High School. Please register with the location you plan to attend. Library registration is available at www.shadleylib.org. To register at the Senior Center, call 413-538-5030 (Option 3). Registration information for South Hadley High School will be announced soon.

This free program, sponsored by the 9/11 Tunnel to Towers Foundation, is open to the public. You do not need to be from South Hadley to attend.

RAINBOW AFTER THE STORM



Submitted photo

A rainbow appeared over the lower bridge between Holyoke and South Hadley last Saturday after the macroburst storm.

Democratic coalition hosting candidate forum

EASTHAMPTON – A coalition of Hampshire County Democratic Town Committees (DTCs) will host a candidate forum featuring individuals running in multiple local races, providing voters with a comprehensive opportunity to hear directly from those seeking to represent their community ahead of the Sept. 1 Primary.

It will be held at

Easthampton High School on Aug. 10 from 6 to 8 p.m.

Designed to promote broad voter education, the forum will bring together candidates for U.S. Representative, Governor’s Council, State Representative, and State Senate. The event will allow voters to compare perspectives across races in a single, accessible setting.

Candidates for U.S. Representative and Governor’s Council, the two September 1st contested primaries, will have an opportunity to present their campaigns and answer questions.

Other candidates in the district running for election will introduce themselves. The moderated portion will be followed by a candidate meet and greet.

HANNOUSH JEWELERS

CHICOPEE®

“A Family Business You Can Trust”

704 Memorial Dr., Chicopee

413-377-1433

Turn Your **Gold Into Cash!**



We Buy Gold in Any Condition

GOLD Is At An All-Time High!

10% Extra Cash

When Cashing In Your **GOLD**

25% Extra

When You Use Your **GOLD** Towards A New Purchase

10% Off Jewellery Repairs

expires 9/30/26.

Offers Valid at Hannoush Jewelers Chicopee ONLY

www.hannoushma.com



FIVE ISLANDS

Georgetown, Maine

2 Bedrooms, 2 Bathroom

Washer/Dryer, Fully Equipped

- Walk to Five Islands Wharf and Ledgewood Preserve Beach
- Close to Reid State Park

\$1200/week

207-607-9333



New summer events available at UCCH

HOLYOKE – August is here, and with the winding down of the summer season comes a couple of opportunities for free family fun at the United Congregational Church of Holyoke.

The first event is the August Community Meal on Friday, Aug. 14 at 5 p.m. This month's Community Meal will feature a Sandwich Bar where diners can select their bread, meat and condiments, salads and desserts. And as always, we'll follow up with a free Family Movie at 6 p.m. All Are Welcome, Everyone Eats and its absolutely free of charge.

The second chance for fun will be a Karaoke Night sponsored by MCS on Thursday, Aug. 20 from 5:30 to 7:30 p.m. All ages and abilities are welcome, and its Free. Come on down for an evening of laughter,



good vibes, great music, light reflections and community.

The United Congregational Church of Holyoke is an Open and Affirming congregation of the United Church of Christ. We welcome all individuals, regardless of where they are on their journey. If you'd like to learn more about UCCH, please visit our website at www.uccholyoke.org, find us on Facebook or Instagram, or call our office at 413-532-1483 Monday through Friday from 9 a.m. to 2 p.m.

HCC opens registration for noncredit classes

HOLYOKE – Registration is now open for noncredit professional development and personal enrichment classes at Holyoke Community College for the fall 2026 semester.

The fall calendar begins Tuesday, Sept. 8, with individual classes running on different schedules throughout the semester. Many are available as single sessions that cost as little as \$20.

Class topics include cooking, wine tasting, sewing, painting, piano, dance, conversational Spanish, music technology, voice-over coaching, investing, graphic design, financial literacy, retirement plan-

ning, Social Security strategies, writing, starting a home business, applying to college, mediation, understanding AI (artificial intelligence), K-12 education (professional development), and computer technology (with specific classes geared toward seniors).

Most classes meet in the Kittredge Center for Business and Workforce Development on the main HCC campus, 303 Homestead Ave, or on Zoom. Cooking and wine tasting classes meet at the HCC MGM Culinary Arts Institute, 164 Race St.

To see complete fall course listings and schedules, or to register, please visit hcc.edu/bcs.

Donations needed for Homework House

AGAWAM – For a limited time, Cooper's Gifts, Apparel, Home of Agawam, Mass., is accepting classroom supply donations for Homework House, which is located at 54 North Summer Street Holyoke, MA 01040.

Homework House strengthens our community by promoting educational success and providing free tutoring and mentoring for children living in economically disadvantaged neighborhoods. Homework House provides a safe and nurturing place for children to grow and learn. Donations will be collected at Cooper's now through August 31st . "We invite everyone to

help out Homework House and be entered to win a \$100 Cooper's Gift Card." said Kate Gourde, owner of Cooper's Gifts, Apparel, Home.

Items to keep their classrooms clean and well stocked; disinfectant wipes, facial tissues, paper towels, copy paper, dry erase markers and erasers, card games such as Uno, Go Fish and flash cards, are their current needs. "We hope that while people are out purchasing items to send their children back to school with, that they will consider picking up a few extras for the Homework House. And, you'll be entered into our raffle!" said Gourde.

"We will swap a raffle entry for every item donated to the Homework House. One lucky winner of a \$100 Cooper's gift card will be notified on Sept. 1. Especially for people in the Greater Springfield area, it's easier to bring donations here, and we are open 7 days a week," Gourde said. Items may be brought to the shop anytime up until August 31. Cooper's is located at 161 Main St., Agawam, Mass., and is open daily 10 a.m. to 5 p.m., Saturdays 10 a.m. to 4 p.m. and Sundays 12 to 4 p.m.

"This drive coincides with Homework House as our August Round-Up char-

ity; so, it's the perfect time to spread the word about their mission and really help them out," Gourde said. Each month Gourde chooses a local charity to receive the profits of the store's Round-Up Program through which customers are invited to round up their purchase total to the nearest dollar amount. Gourde will then match 50% of the total collected. The program has donated more than \$68,000 to local organizations since its inception in 2014. More information on the Round Up program and how to nominate a charity may be found on Cooper's website www.coopersgifts.com/round-up/.

Author set to celebrate release of new book

HOLYOKE – Local author and public school teacher Lisette Martinez is celebrating the release of her newest book, The Extraordinary Adventures of Emma and the Dragon, just one year after publishing her debut fantasy novel, Born of Fire: The Phoenix Knight.

To mark the occasion, Martinez will host her first-ever book signing on Saturday, Aug. 15, from 2 to 5 p.m. at New Chapters Bookstore in West Springfield.

The Extraordinary Adventures of Emma and the Dragon is a heartwarming children's adventure that encourages readers to look beyond appearances and discover the value of kindness, courage, and compassion. Written for young readers and families, the story follows Emma as she embarks on an unforgettable journey that challenges expectations and celebrates friendship.

Martinez, who teaches in the local public school system, has long been pas-

sionate about inspiring children through literature. Her experience as an educator has shaped her storytelling, with a focus on imagination, character development, and meaningful life lessons.

"My hope is that my books encourage readers of all ages to dream big, show kindness, and never stop believing that ordinary people can make an extraordinary difference," Martinez said.

Her debut novel, Born of Fire: The Phoenix Knight, introduced readers to an epic fantasy world of courage, sacrifice, and hope. With the release of her first children's book, Martinez is expanding her reach to inspire younger audiences while continuing to pursue her passion for writing.

The Aug. 15 event offers readers an opportunity to meet the author, have books personally signed, and celebrate the launch of her latest work. Families, educators, students, and book lovers of all ages are invited to attend.

Applications available for FY27 CPA funding

HOLYOKE – The City of Holyoke Community Preservation Act Committee (CPAC) is pleased to announce the opening of its FY27 grant cycle.

Potential applicants are invited to submit an eligibility application form by Sept. 4. The eligibility form is the first step in a multi-step application process: after project eligibility is established, applicants will then be invited to submit a full application for consideration by the committee, followed by public presentations of each project's scope, benefit, and budget. Finally, CPAC makes its recommendations to the City Council for funding approval.

The Eligibility Form and other application materials are available by contacting CPA Administrator Naomi Klayman at klaymann@holyoke.org, and will also be posted to the City of Holyoke website. Eligibility requirements can be found on the

Massachusetts Community Preservation Act's website.

The Community Preservation Act (CPA) is a state law enacted in 2000 and adopted by the City of Holyoke in 2016. The CPA supports historic preservation, recreation, open space, and community housing projects within Holyoke. The program has funded a variety of popular projects throughout the city, including community housing at Appleton Mills and Library Commons, the fully accessible Miracle League Playground, the restoration of Lady Liberty at Veterans Park, and ongoing upgrades to Scott Tower and the Holyoke Merry Go Round.

Since its adoption, the CPAC has disbursed over \$5 million to preserve Holyoke's character and improve quality of life for its residents.

Applicants are encouraged to contact Naomi Klayman with questions and for support throughout the application process.

District Attorney invites faith-based leaders to 51A training

SPRINGFIELD – Hampden District Attorney Anthony D. Gulluni is inviting faith-based leaders, clergy, staff, and volunteers from across Hampden County to attend a free training designed to help them recognize and appropriately respond to concerns of child abuse and neglect.

The training, "The Dos & Don'ts of 51A Reporting," will be held on Wednesday, Aug. 19, from 5:30 to 6:30 p.m. Participants may attend in person at Tower Square, 21st Floor, 1500 Main Street in Springfield, or virtually via Zoom. Parking will be validated at the Columbus Center Garage.

Presented by Assistant District Attorney Eileen Sears, the training will provide practical guidance to help faith-based communi-

ty members understand their legal responsibilities and confidently respond when concerns about child abuse or neglect arise.

Topics will include:

- How to respond when a child discloses abuse.
- When and how to contact the appropriate authorities.

• The legal and ethical responsibilities associated with filing a 51A report.

• Additional best practices for supporting children while following the appropriate reporting procedures.

Under Massachusetts law, a 51A report is filed with the Department of Children and Families when there is reasonable cause to believe a child is suffering physical or emotional injury resulting from abuse or neglect. Because members of

faith communities are often among the trusted adults children turn to in difficult moments, understanding how to respond appropriately can play a critical role in protecting vulnerable children.

"Faith leaders and members of our faith-based community are often among the first people children and families turn to in times of crisis," said District Attorney Anthony D. Gulluni. "This training is designed to ensure those trusted individuals have the knowledge and confidence to respond appropriately, fulfill their legal responsibilities, and ultimately help protect the children in our communities."

Whether attending in person or virtually, participants are asked to RSVP in advance using the registration form: [https://bit.ly/51A-](https://bit.ly/51A-TRAINING)

TRAINING. The Hampden District Attorney's Office encourages faith-based organizations throughout Hampden County to share this opportunity with clergy, youth leaders, volunteers, and others who work with children and families. Questions may be directed to Gina Anselmo at Gina.Anselmo@mass.gov.

In addition to this training, the Hampden District Attorney's Office offers free 51A reporting presentations throughout the year to educators at schools and other community groups. Organizations interested in hosting a training for their staff, volunteers, or members are encouraged to contact the District Attorney's Office at Gina.Anselmo@mass.gov to learn more or schedule a presentation.



Donovan's

Irish Pub

80 Jarvis Ave., Holyoke

413-543-0791

donovanspub.com

Sun. 12pm - 8pm; Mon.-Thurs. 11:30am-9:30pm; Fri. & Sat. 11:30am - 11pm

Sat.,
Aug. 15

Dee
Reilly

Sun., Aug. 16

Jimmy McArdle
& Jerry Murphy

2-5pm

Mon.,
Aug. 17

The Healys

5-8pm

17th of Every Month - Corned Beef & Cabbage Dinners

Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

We invite you to join us Friday afternoons from 1-2:30 pm to explore these topics and more.

This group will be held in zoom, is educational, confidential, and free.

Please contact Pat James 413-726-8661.

NOTICE

ERRORS: Each advertiser is requested to check their advertisement the first time it appears. This paper will not be responsible for more than one corrected insertion, nor will be liable for any error in an advertisement to a greater extent than the cost of the space occupied by the item in the advertisement.



CENTER STREET

AUTO PARTS OF

CHICOPEE, INC.

We will pay you top dollar for your car AND we will pick it up! Call us for a price!

- Top-Of-The-Line Auto Salvaging Services
- First-Rate Used Auto Parts
- Top-Grade Auto Body Parts
- Sell Your Old or Used Car to Us

\$\$\$ Money on the Spot for All Vehicles

centerstreetautoparts.com

651 Center St., Chicopee

413-733-2778

LOWER PRICES TO BOOST YOUR BUDGET!

INFLATION

PRICE BUSTERS

PRICES IN RED ARE AT OR BELOW LAST YEAR'S PRICES!

USDA INSP. FRESH BONE-IN COUNTRY STYLE PORK RIBS.....

\$1.99 lb

USDA INSP. FRESH BONELESS PORK BUTT STRIPS.....

\$2.99 lb

USDA INSP. FRESH BONELESS PORK SIRLOIN CUTLETS.....

\$2.22 lb

USDA INSP. WUNDERBAR BOLOGNA.....

\$2.99 lb

USDA INSP. MONTEREY JACK CHEESE.....

\$4.99 lb

USDA INSP. STOREMADE BONELESS KOREAN BBQ MARINATED PORK BUTT STRIPS.....

\$3.35 lb

USDA INSP. STOREMADE BONELESS BOURBON BBQ MARINATED CHICKEN BREAST.....

\$3.99 lb

USDA INSP. FRESH BONELESS BEEF TENDERLOIN CUT FREE

\$12.99 lb

USDA INSP. FRESH BONE-IN BEEF CHUCK ROAST or STEAK

\$5.99 lb

USDA INSP. GROUND FRESH DAILY 80% LEAN GROUND BEEF

\$4.28 lb

USDA INSP. FRESH BONELESS & SKINLESS CHICKEN BREAST 10 LB. BAG.....

\$1.79 lb

USDA INSP. FRESH CHICKEN DRUMSTICKS 10 LB. BAG.....

75c lb

USDA INSP. SMITHFIELD BACON (REGULAR & THICK CUT) 12 OZ PAK...

2/\$7.00 ea

USDA INSP. FROZEN CHOCOLATE CREME WHIPPED PIE 38 OZ.....

\$5.99 ea

USDA INSP. FROZEN SHRIMP RING COOKED SHRIMP W/SAUCE - 24 OZ.

\$5.99 ea

90 Meat Outlet

HOURS: Mon. - Wed. 8-4 Thurs. 8-6 • Fri. 8-6 • Sat. 8-3

90 Avocado St. Springfield

413-737-1288

www.90meat.com

We reserve the right to limit quantities.

SALE DATES: 8/13/26-8/19/26

BUY DIRECT FOR SAVINGS • SELECTION • SERVICE

SOCIAL SECURITY
Matters
By Russell Gloor



Is the Medicare Part B Premium a Percentage of our Social Security Amount?

Dear Rusty:
I have a simple question: Is the amount we pay for Medicare Part B premium a percent of our Social Security amount we receive?
Signed: Curious

Dear Curious:
Your Medicare Part B premium is not based on a percentage of your monthly Social Security benefit amount.
Medicare Part B premiums are set in October of each year by Centers for Medicare and Medicaid Services and are based upon anticipated total costs of the Medicare program in the forthcoming year.
Generally speaking, Medicare Part B enrollee premiums are expected to offset about 25% of CMS’ anticipated total Medicare Part B costs; the rest is borne by the Federal Government.

So, when CMS estimates Medicare program costs for the upcoming year, they also look at the number of anticipated Part B enrollees. They then divide 25% of total anticipated Part B program costs by the number of expected Part B enrollees, resulting in the “standard” Medicare Part B premium for next year.

For 2026, the standard Part B premium amount is \$202.90. The standard premium for 2027 will be announced in October 2026 and will likely be different.

It’s important to understand also that not everyone pays the “standard” Part B premium. Some lower income seniors may pay less because of the so-called “hold harmless provision,” and some higher income folks may pay more than the “standard” monthly Part B premium because of a provision called Income Related Monthly Adjustment Amount.

The “hold harmless provision” says that monthly Social Security benefits cannot decrease as a result of a Medicare premium increase, so if the annual SS Cost Of Living Adjustment is insufficient to offset any increase to the standard Part B premium, then the SS beneficiary may pay a smaller Part B premium amount so that their SS benefit doesn’t decrease (note there are exceptions to this rule).

Conversely, those with a higher “provisional income” (an IRS definition), may pay more than the standard Medicare Part

B premium. That’s because of a provision known as IRMAA, which adds a supplemental amount on top of the standard Medicare Part B premium.

IRMAA supplement amounts are determined using a sliding scale to define the required higher Part B premium for each income level category and IRMAA will cause the Part B premium to be more than the standard premium amount.

For those with exceptionally high incomes, the Part B premium can be as much as \$690 per month.

For your information, income reported to the IRS two years ago is used to determine if an individual is subject to IRMAA for the forthcoming year.

The reason for this is timing: when next year’s Part B premium is determined in October of each current year, the IRS has processed all tax returns for the preceding year but doesn’t yet have individual income for the current year.

Thus, they must use a person’s income from October of the preceding year to determine who will pay the standard Part B premium next year, and who will pay a higher IRMAA amount.

And just to complete this picture, you should be aware that IRMAA also applies to Medicare Part D premiums. And that means that those with higher incomes who are affected by IRMAA for Part B will also pay a higher Medicare Part D premium.

Medicare Part D is private insurance coverage for prescription drugs). But none of this is related to your Social Security benefit amount.

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation’s staff, trained and accredited by the National Social Security Association To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadvisor@amacfoundation.org. Russell Gloor is a Social Security advisor for AMAC.



Midsummer questions for the Garden Lady

Karen, who has a vegetable garden in Hardwick, is concerned over her tomatoes cracking and is asking the Garden Lady for some advice.

“With all the rainstorms we’ve had, one measuring over 5 inches last week, my cherry tomatoes, and even some of my paste types are starting to crack. Is this a normal occurrence and if so, is there anything I can do to prevent this from happening in the future?”

This is a timely question, Karen, and one that I am sure a lot of readers can relate to. I know I can.

It’s always exciting when the tomatoes start ripening and then this happens.

Fruit cracking around the stem, either in rings or radiating downward is caused by overwatering; we or Mother Nature can be at fault. This year I will

blame her for some of it.
A week ago many gardeners in the area received an inch or more of rain in two separate deluges. Keep in mind that most veggies require about an inch per week.

Adjust your irrigation to accommodate for the excess. Mulches do well to moderate soil moisture; if you mulch, you can water less often. If cracking ends up being a big problem for you, consider scouring the seed catalogs for varieties that are resistant to it.

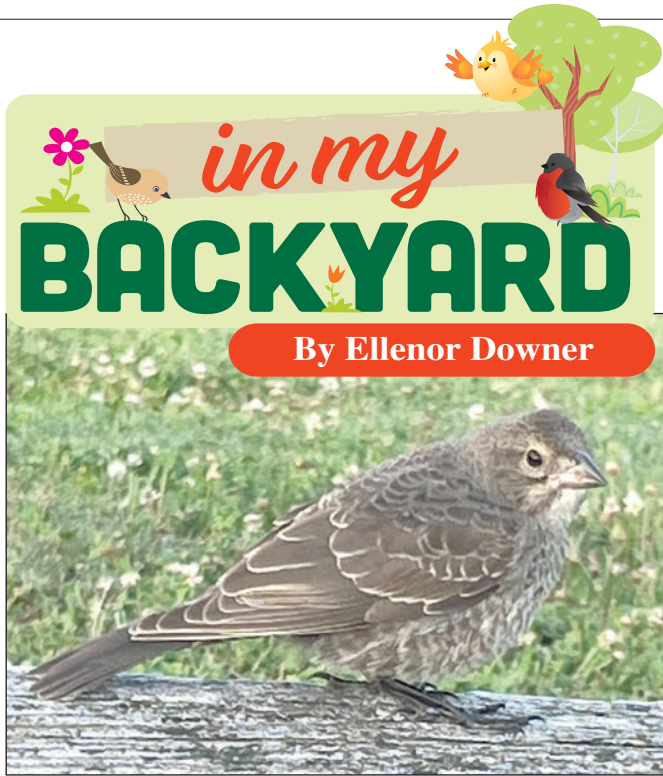
As long as the cracks are fresh, and haven’t begun to show mold, I use the fruit anyway. Watering issues

can also affect other plants. Sometimes gardeners complain that their cucumbers look funny, bent in the shape of an apostrophe.

This effect is also from uneven watering. Besides making necessary adjustments, trellising can also help them to grow straight.

This question came in from Frances who reads the column in the Ware River News: “I have some thornless blackberry plants that produce huge fruit. Occasionally some of the segments on the berries are not colored deep purple or black; they are more of a tan or white color. I was curious why this happens? Years ago when I grew red raspberry bushes I also remember sometimes having this problem. Is it something with my soil? Are the berries safe to eat? I am hopeful it is not some type of mold or fungus.”

See GARDEN page 5



Juvenile brown headed cowbird

My daughter, Paula Ouimette, took this photo of a juvenile brown headed cowbird watching her run laps with her dog, Jo Jo.

The young cowbird perched on a fence near the driveway of the elementary school in Hardwick.

My daughter used the Seek app by iNaturalist to get the identification. It stayed there for about 20 minutes before flying off.

She said there were no other cowbirds around, but cowbirds lay their eggs in nests of birds smaller than then in hopes they will raise their young.

Obviously, this young cowbird looks well feed. I wonder what bird raised it, often at the expense of their own offspring.

Warblers and vireos are the most common cowbird hosts. Their nestlings weight less than half as much as the

cowbird nestling.

Some species will either push the cowbird egg out of their nest or leave that nest and start another nest.

The brown-headed cowbird is a stocky blackbird. The females do not build a nest and instead produce up to three dozen eggs per summer.

They lay the eggs in the nests of other bird species and let them raise their young, know as brood parasitism.

Brown-headed cowbirds are native to North America, but many people consider them a nuisance bird because of their parenting style.

Cowbirds destroy the eggs and young of smaller songbirds and have been implicated in the decline of several endangered species, including Kirtland’s warbler and black-capped vireo.

Adult male cowbirds have glossy black bodies and brown heads, hence their name. In poor lighting, the male’s head looks brown.

The female is brown with the head lighter brown than the body. She has fine streaking on the belly/ Both sexes have thick, conical bills and black eyes.

They are 7.5 to 8.7

See BIRDS page 5

the HOLYOKE Sun
Serving the city since 1882

We Want to Hear From You

EDITOR/SPORTS
Greg Scibelli
thesun@turley.com
sports@turley.com

ADVERTISING SALES
Wendy Delcamp
wdelcamp@turley.com

The Holyoke Sun is published every Friday by Turley Publications, Inc., 24 Water St., Palmer, MA 01069. Telephone (413) 283-8393, Fax (413) 289-1977.

**WEB**
sun.turley.com

**PHONE**
(413) 283-8393

**ADDRESS**
24 Water Street
Palmer, MA 01069

**Turley Publications, Inc.**
www.turley.com

Turley Publications, Inc. cannot assume liability for the loss of photographs or other materials submitted for publication. Materials will not be returned except upon specific request when submitted.

Letters to the Editor Policy

Letters to the Editor have a maximum of 350 words. We require writers to include their name, address and phone number in order for our office to authenticate authorship prior to publication. Addresses and phone numbers are not published.

Unsigned or anonymous letters will NOT be published.

We reserve the right to edit or withhold any submissions. Libelous, unsubstantiated allegations, personal attacks or defamation of character are not allowed.

Deadline for submissions is Wednesday at noon. Please email (preferred) letters to thesun@turley.com. Mailed letters can be sent to *The Sun*, 24 Water Street, Palmer, MA 01069.

\$12.50
Each



Digital Photos

TURLEY PUBLICATIONS, INC.
Purchase a photo that recently ran in one of our publications. Go to newspapers.turley.com/photo-request



think
OUTSIDE
of the
BIG
BOX

SUPPORT
COMMUNITY
BUSINESSES

The Holyoke Sun welcomes election letters to the editor

The Holyoke Sun welcomes readers to participate in this year’s election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to *The Holyoke Sun*, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to thesun@turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered for that Friday’s

newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call 413-283-8393.

Campaign news

As part of its election coverage, the newspa-

per plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor’s Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in *The Holyoke Sun*.

4 • AUGUST 14, 2026 • The Holyoke Sun



your health

By Teri (Dreher) Frykenberg, RN
Guest Column

Some things are worth waiting for. In May, a coalition of more than 50 patient and professional organizations announced that polycystic ovary syndrome (PCOS) would henceforth be known as polyendocrine metabolic ovarian syndrome (PMOS). It took 14 years, but for women who struggle with this disorder, it will have been worth the wait.

The new name is a mouthful, but it does one important thing: It takes the focus off ovarian cysts,

which were originally thought to be a source of the disorder and contributed to missed diagnoses and inadequate treatment.

The new name is intended to shift attention toward the interplay of multiple systems that influence long-term health, including the endocrine system.

The endocrine system is a network of glands and organs, including the ovaries, that produce and release hormones directly into the bloodstream, which regulate

New name, new focus for a common disorder

various bodily functions such as growth, metabolism and reproduction. When things go awry with the endocrine system, the symptoms can be devastating and women may suffer for years with diffuse symptoms before being diagnosed.

Symptoms of PMOS may include irregular or absent menstrual periods, excess hair growth, acne, weight gain and dark patches of skin. These symptoms can vary widely among individuals and may also include infertility and metabolic issues like insulin resistance.

Clearly, PMOS can affect a woman’s overall health – something doctors are stressing with the new name. If you’ve been diagnosed with PCOS, your diagnosis hasn’t changed – it just has a new name – but it may be worth raising other concerns with metabolic issues with your doctor, such as blood sugar, cholesterol and cardiovascular risk.

While treatment for PCOS has focused on teens and younger women of reproductive age, it’s clear that older women should also be monitored. It’s a complex, long-term hormonal or endocrine disorder that may impact health in menopause, increasing risks for insulin resistance, type 2 diabetes, high cholesterol, cardiovascular disease and endometrial cancer.

Dr. Helena Teede, an Australian endocrinologist and researcher, led the name change process after spending decades researching the condition and seeing the patient impacts first hand.

“What we now know is that there is actually no increase in abnormal cysts on the ovary, and the diverse features of the condition were often unappreciated,” Teede said at the time of the announcement. “It was heart-breaking to see the delayed diagnosis, limited awareness and inadequate

care afforded those affected by this neglected condition.”

If you are experiencing symptoms like these, be sure to talk to your doctor. Here are some other things to know about the disorder formerly known as PCOS so you can be well-informed:

- Weight gain doesn’t always accompany polyendocrine metabolic ovarian syndrome (PMOS). This means you can have hormonal imbalances and insulin resistance even without being overweight. PMOS can be missed if weight is the only focus.
- Emerging research indicates imbalances in gut bacteria can contribute to insulin resistance and other symptoms. Eat fiber-rich fruits and vegetables and give fermented foods a try, like kimchi and yogurt.
- PMOS can take a toll on emotions, bringing on anxiety, depression and sleep disruptions.
- Hormonal birth control

may help manage hormones and regulate menstrual periods.

- Getting pregnant may be harder with PMOS. A fertility specialist may help.

The symptoms can be maddeningly hard to describe, let alone deal with. A private patient advocate who has a medical background might be someone who could bridge the communication gap between you and your doctor.

Just remember: PMOS instead of PCOS.

Teri (Dreher) Frykenberg, a Monson resident, is a registered nurse and board-certified patient advocate. She is the author of several books on advocacy and founder of Nurse Advocate Entrepreneur, which equips medical professionals with the knowledge and skills to start their own advocacy businesses. Contact her at Teri@NurseAdvocateEntrepreneur.com.

GARDEN, from page 4

Although I do not have a picture to be one hundred percent certain, I believe what you are describing is “druplet disorder.” The lighter areas on your berries are from sun scald. A reaction simply caused by too much heat.

And yes, they are safe to eat.

Some people comment that the berries with this disorder are a little tough or flavorless. It doesn’t really bother me.

Moldy berries would look furry and the area would be raised.

Bill is growing basil

for the first time and he had this question for the Garden Lady: “My basil was slow to take off. I came back from vacation and it is in flower. While the bees seem to enjoy the flowers, I was hoping to harvest some of the leaves. Do you have any advice as to how to get it out of flower mode and into leaf production?”

Yes, I do. It involves giving the basil a hair cut. Sure enough, your plant needs to be rid of those flowers.

Once you do that, provide some nitrogen to get them greened up and growing. This could be by the addition of a little blood

meal at the base of the plant or a foliar feed of fish emulsion or compost tea.

In no time your plant will rebound. Just be sure to keep those flowers trimmed off.

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 32 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with “Gardening Question” in the subject line.

BIRDS, from page 4

inches long. They feed on the ground and can be seen walking behind livestock to eat what their hooves stir up.

They are found in open habitats such as fields, pastures, meadows, forest edges and lawns. They also perch on a prominent branch high in a tree.

They are primarily seed-eaters and insectivores, adapting their diet based on availability and season, often gleaned from the ground or by following grazing animals. They will come to feeders as well and prefer sunflower seeds and millet.

Other Hardwick birds

My daughter, Paula, saw lots of bluebirds, swallows, robins and one hen turkey with a poult. She said there were probably more underneath the hen turkey, but only one was brave enough to come out.

Red tail hawks

I have several red tail hawks in Barre, New Braintree and Oakham. Recently, one flew off and the sunshine showed off the hawks red tail. They are often seen by freshly mowed fields in hopes of catching some rodents, who stand out on a newly cut field.

Great blue heron

Long Pond in Rutland is a popular spot to find a great

blue heron “fishing” in the shallows along Route 122.

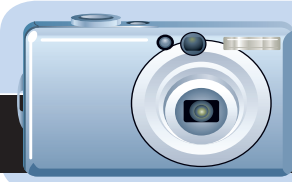
Meal worms

I continue to have catbirds come for the mealworms I leave them on the picnic table. The other day I heard a catbird make its meowing call. Males use the call to establish territory and females for communication and alarm purposes.

Raven

Recently, the common raven flew overhead making its gurgling croak. I could hear it, but I was unable to see it with all the trees.

People may report a bird sighting by emailing edownner@turley.com or calling or texting 774-262-5882.



Send Us Your Photos!

TheSun@turley.com

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18					19					
20			21					22						
23						24	25						26	27
		28				29				30				
31	32					33		34	35	36			37	
38				39	40							41		
42				43						44	45			
46		47	48					49		50				
51				52	53	54				55			56	57
		58								59				
60	61							62	63				64	
65								66					67	
68								69					70	

CLUES ACROSS

- Midway between south and southeast
- Fathers
- Wine grape
- Al Bundy’s wife
- Derived from ammonia
- Venezuelan state
- Interest rate
- Experts
- Vascular tissues
- Smooth and glossy
- Administrative region in S. Korea
- One from Damascus
- Special interest group
- It cools your home
- Oh, God!
- Intestinal pouches
- Men
- Twelfth star in a constellation
- Former CIA
- Arrange in grades of size

CLUES DOWN

- Involuntary muscular contraction
- Eastern US transit agency
- Leaves a place
- Cease to participate
- Current units
- Cease to exist
- General’s assistant (abbr.)
- Earth vibration
- Very strong winds
- For each one
- A bog
- The creation of beautiful or significant things
- Affirmative
- Pie ___ mode
- Nonclerical
- Indonesian island
- Educational environment
- Namibian peoples
- Bring out or develop

- Moves into a place of thought
- Out of the way
- Loads a ship
- Beloved Hollywood alien
- Distinguishes
- The ancient Egyptian sun god
- Secondary or explanatory title
- Relating to a wing
- One who gives a speech
- In the middle
- Loop with a running knot
- Airborne (abbr.)
- Sweet persons
- Put into play
- Small cattle breed
- Millisecond
- Revolutions per minute
- They ___
- Moon crater
- A place to stay the night

CROSSWORD ANSWER on page 6

Blessed Sacrament Parish

Rev. Duy Le
frduyle@blessedsacramentholyoke.org
1945 Northampton St., Holyoke
PARISH RECTORY: 413-532-0713
OFFICE HOURS:
Monday - Thursday 8:30 a.m. - 4 p.m.
Friday 8:30 a.m. - 2 p.m.
WEEKEND MASSES:
Saturday 4 p.m.
Sunday 8:30 a.m. - 10:30 a.m.
DAILY MASS AND ROSARY
Monday - Friday: ROSARY 6:15 a.m.
Monday - Friday: MASS 6:45 a.m.
Legal Holidays: ROSARY 7:30 a.m.
Legal Holidays: MASS 8 a.m.
ROSARY AND MEDITATION
Monday Evening: 6 p.m.
www.blessedsacramentholyoke.org
FaceBook: @bspholyokema

CHURCH DIRECTORY



Your Community Church

St. Peter’s Lutheran Church

Rev. Debora Stein
34 Jarvis Ave., Holyoke
Office: (413) 536-3369
Office: stpetersholkyoke@gmail.com
Pastor: revdebma@gmail.com
Website: www.stpetersholkyoke.org
Social media:
facebook.com/stpetersholkyoke
OFFICE HOURS:
Monday and Thursday, 9 a.m. - 3 p.m.
Wednesday, 8:30 a.m. - 12:30 p.m.
Friday, 12:30 p.m. - 4:30 p.m.
WORSHIP:
Sundays at 9:30 a.m. (also on Facebook Live) & Thursdays at 6:30 p.m.
Other: Prayers with Pastor - Wednesdays at 10:30 a.m. - on Facebook Live.

St. Paul’s Episcopal Church

The Rev. Canon Joel Martinez
485 Appleton St., Holyoke
413-532-5060
Office@StPaulsholyoke.org
StPaulsHolyoke.org
Instagram: stpaulsepiscopalchurch_holyoke
OFFICE HOURS:
Tuesday – Friday 9 a.m. - 2 p.m.
Days and Hours of Services:
Sunday: 8 a.m.
Sunday: 10 a.m.
Sunday: 5 p.m. (Spanish)

First Lutheran Church

1810 Northampton St.
Holyoke, MA 01040
Every Sunday at 9 a.m.

First Baptist Church

Pastor Theresa Temple
1976 Northampton St., Holyoke
(413) 533-7728
firstbaptistchurchholkyoke@comcast.net
Facebook: First Baptist Church of Holyoke, MA
HOURS: Sunday worship service (winter hours) at 10:30 a.m. (summer hours) at 10 a.m.
Wednesday Bible Studies, one at 11 a.m. and one at 5:30 p.m.

Our Lady of the Cross Catholic Parish

Pastor: Fr. Albert Scherer, OFM Conv.
Email: pastor@ourladyofthecross.com
Holy Cross Ave., Holyoke
Parish Offices are located at: 15 Maple Street, Holyoke (413) 532-5661
parish@ourladyofthecross.com
OFFICE HOURS:
Monday - Friday 8:30 a.m.-12:30 p.m.
WEEKEND MASSES:
Saturday 4 p.m.
Sunday 7:30 a.m., 9 a.m. (Polish), and 10:30 a.m.
DAILY MASS:
Monday - Saturday 8:30 a.m.
Legal Holidays Mass 9 a.m.
Reconciliation (Confession) Monday - Saturday 8 a.m.
Saturday 3:15pm
Anytime by Appointment
DEVOTIONS
Monday - Saturday
Divine Mercy Chaplet - 7:50 a.m.
ROSARY 8:05 a.m.
www.ourladyofthecross.com

Public Notices

CITY OF HOLYOKE
PUBLIC HEARING NOTICE

The Holyoke Planning Board will hold a Public Hearing on **Tuesday, August 25, 2026, at 5:30 p.m. via Zoom.com** ID: 827 3536 5267; CALL IN *67 646 558 8656 to hear, pursuant to the Holyoke Zoning Ordinance, Section 6.4.6.4, a Special Permit for an Increase in Sign Size and for Multiple Signs for Stop and Shop - Agnoli Sign Co, Inc. at 2265 Northampton Street, Holyoke, MA (116-00-019)

The complete application may be viewed through the Holyoke Planning Dept M-F, 8:30-4 p.m.
Applicant:
Agnoli Sign Co, Inc.
Planning Board:
Lauren Niles, Chairperson

08/07, 08/14/2026

INVITATION TO BID
ATTENTION DCAMM
PRIME & SUB BIDDERS
City of Holyoke
Dishwasher Replacement
Project
August, 2026

Bid #2027-9SD Dishwasher
Replacement Schools (REBID)

Sealed bids for City of Holyoke Dishwasher Replacement Project, Holyoke, MA will be received on **9/15/26** for filed subs in the following trades: Plumbing, HVAC & Electrical. Submitters MUST have a DCAMM Sub Bidder Certificate of Eligibility. & 9/29/26 for DCAMM PRIME CONTRACTORS, online at <http://www.projectdoc.com/> under Project Code #261442 until **2 PM** prevailing time, at which any Bids received electronically and opened through the Project-dog Platform. Bidding procedures shall be in accordance with the provisions of M.G.L. Chapter 30, Section 39 M as amended. This project may be funded in whole or part with federal funds.

A non-mandatory Pre-Bid briefing will occur on August 19, 2026 at 9:00am EST, visiting all schools and starting at Donahue Elementary School, 210 Whiting Farms Rd, Holyoke, MA 01040.

Attention is called to the minimum wage rates required to be paid for all labor on this project. Wage rates are established in schedules issued by the Department of Labor and Workforce Development, in accordance with Section 26A - 27D, or Chapter 149 of the M.G.L., as amended, and the U.S. Department of Labor in accordance with the Davis-Bacon and Related Acts. Said schedule(s) are included in the bid package and the contractor will be responsible for paying the higher of the two rates. t is the responsibility of the Contractor, before Bid opening, to request if necessary, any additional information on Minimum Wage Rates for those trades people who may be employed for the proposed Work under this Contract. Materials, equipment and supplies to be used on this project are exempt from sales tax to the extent provided by M.G.L. Chapter 64H, Section 6 (f).

Only eligible and responsible sealed bids on this project shall be received by the Awarding Authority from qualified Bidders submitted on forms furnished by the Awarding Authority and submitted to Projectdog. The city reserves the right to reject any and all bids.

08/14/2026

CITY OF HOLYOKE
PUBLIC HEARING NOTICE

The Holyoke Planning Board will hold a Public Hearing on **Tuesday, August 25, 2026, at 5:30 p.m. via Zoom.com**; ID: 827 3536 5267; CALL IN 1 646 558 8656 to hear, pursuant to the Holyoke Zoning Ordinance, a Special Permit for a Parking Re-

duction (Sec 6.1.7) submitted by Palladium Holdings, LLC (2026-14) located at 61-69 Suffolk Street (012-06-005).

For a complete copy of the application and site plan, contact the Planning Department at (413) 322-5575.

APPLICANT:
Palladium Holdings LLC
PLANNING BOARD:
Lauren Niles, Chairperson

08/07, 08/14/2026

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and
Family Court
50 State Street
Springfield, MA 01103
(413)748-7758

Docket No.
HD26P1652EA
Estate of:
Roger J Fortin, Jr.
Date of Death: 06/12/2026
CITATION ON PETITION
FOR FORMAL
ADJUDICATION

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Michele F Duval of Holyoke, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that **Michele F Duval of Holyoke, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 08/28/2026. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED
ADMINISTRATION UNDER
THE MASSACHUSETTS
UNIFORM PROBATE CODE
(MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Claudine T. Stoudemire, First Justice of this Court.

Date: July 30, 2026

Rosemary A Saccomani,
Register of Probate

08/14/2026

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and
Family Court
50 State Street
Springfield, MA 01103
(413)748-7758

Docket No.
HD26P0493EA
Estate of:
Constance F Gamache

Date of Death: 02/04/2026
CITATION ON PETITION
FOR SALE OF REAL
ESTATE BY A PERSONAL
REPRESENTATIVE

To all interested persons:
A Petition for Sale of Real Estate has been filed by: **John J Ferriter of Holyoke, MA** requesting that the court authorize the Personal Representative to sell the decedent's real estate at a private sale.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 a.m. on the return day of 09/17/2026.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

Witness, **Claudine T. Stoudemire**, First Justice of this Court.

Date: August 05, 2026

Rosemary A Saccomani,
Register of Probate

08/14/2026

MORTGAGEE'S
SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by HOLYOKE REAL ESTATE, LLC, to FLORENCE BANK, dated August 26, 2019, and recorded on August 27, 2019, with the Hampden County Registry of Deeds in Book 22822, Page 355, of which mortgage the undersigned is the present holder by virtue of Assignment of Mortgage from Florence Bank, dated April 23, 2026, and recorded in said Registry of Deeds in Book 26313, Page 324, for breach of the conditions of the said mortgage and for the purpose of foreclosing, the same will be sold at public auction at 10:00 a.m. on the Twenty-seventh (27th) day of August, 2026, at the mortgaged premises described below, to wit, 642-648 High Street, Holyoke, Massachusetts, all and singular, the premises in said Holyoke, Hampden County, Massachusetts, described in said Mortgage, to wit:

PARCEL ONE
Beginning at a point on the easterly side of High Street, one hundred twenty three and 81/100 (123.81) feet northerly from the northerly side of Sargeant Street; and thence running

N 36°46' 41" E along High Street thirty-one & 19/100 (31.19) feet; thence turning and running

S 53° 13' 19" E a distance of eighty-eight (88) feet to the center line of a sixteen (16) foot alleyway; thence turning and running

S36° 46' 41" W a distance of thirty-one & 19/100 (31.19) feet along said centerline of the alleyway; thence turning and running

N53° 13' 19" W a distance of eighty-eight feet to the place of beginning.

Containing 2,745 square feet more or less and being Parcel 2 on a plan entitled "Plan of Land for Dean and Mary Jo Nowak" drawn by Pharmer Engineering Corporation, Holyoke, Massachusetts, recorded in Plan Book 224, Page 105.

Together with the right and easement to enter Parcel 1 on said plan to service, maintain, renew, or construct gas lines for the

service of said Parcel 2.

Subject to restrictions and reservations of record, including alleyway restrictions, if in force and in effect.

Being the same premises conveyed to the Mortgagor herein by deed of Anjana International, LLC dated August , 2019 and recorded in the Hampden County Registry of Deeds immediately prior hereto.

PARCEL TWO
Beginning at a point in the easterly side of High Street, one hundred fifty-five (155) feet northerly from the northerly side of Sargeant Street, and thence running

NORTHEASTERLY on said High Street, fifty (50) feet; thence SOUTHEASTERLY and at right angles to said High Street, eighty-eight (88) feet to the center line of an alley or common passageway (which passageway is sixteen (16) feet wide running from said Sargeant Street to Hampshire Street); thence

SOUTHWESTERLY on said center line of said alley and parallel with said High Street, fifty (50) feet; thence

NORTHWESTERLY in a straight line, eight-eight (88) feet to the place of beginning; containing four thousand four hundred (4,400) square feet, more or less.

Together with and subject to possible rights to alleyway as set forth in the deed and shown on the plan recorded in Plan Book 224, Page 105.

Subject to encumbrances of record.

Being the same premises conveyed to the Mortgagor herein by deed of Anjana International, LLC immediately prior hereto.

Said premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, prior liens, mortgages and other enforceable encumbrances of record having priority over the mortgage described herein, and subject to, and with the benefit of, all easements, restrictions, improvements, reservations and conditions of record, and all tenancies and/or rights of parties in possession, including rights or claims to personal property installed by tenants or former tenants now located on the premises, and including, without limitation, the Party Wall Agreement dated March 25, 2020, and recorded in said Registry of Deeds in Book 23159, Page 104. It shall be the bidder's sole responsibility to ascertain all items described in this paragraph and no representations are made concerning compliance with applicable zoning, building, sanitary or other state and/or municipal laws, ordinances or regulations.

TERMS OF SALE: FIVE THOUSAND DOLLARS (\$5,000.00) will be required to be paid in cash or by certified check or bank cashier's check by the purchaser at the time and place of sale. The balance is to be paid in cash or by certified or bank cashier's check and the deed shall be delivered within twenty-one (21) days after the public auction at the offices of HASHIM & SPINOLA, 82 Wendell Avenue, Pittsfield, Massachusetts. The purchaser will be responsible for all the closing costs, recording fees, deed stamps and shall be required to sign an Auctioneer's Memorandum containing the terms of this sale.

In the event the successful bidder shall default in purchasing the within described premises according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of the foreclosure, the Mortgagee reserves the right to sell the property by Foreclosure Deed to the second

highest bidder provided that the second highest bidder shall deposit with the Mortgagee's attorneys, HASHIM & SPINOLA, the amount of the required deposit as set forth herein within three (3) business days after written Notice of Default of the previous highest bidder, and title shall be conveyed to the said second highest bidder within twenty (20) days of said written notice.

This sale may be postponed or adjourned from time to time, if necessary, by the attorney for the mortgagee at the scheduled time and place of sale. The description for the premises contained in said Mortgage shall control in the event of a typographical error in this publication.

Other terms, if any, to be announced at the time and place of sale.

REO PROPERTY
MANAGEMENT, LLC
Holder of Said Mortgage

Date: July 24, 2026

FROM THE OFFICES OF:
HASHIM & SPINOLA
Attorneys for the Mortgagee
82 Wendell Avenue
Pittsfield, MA 01201
(413) 499-1304

AUCTIONEER:
MARCELLA ASSOCIATES
LICENSE NO. 1687
44 Lake Street
Dalton, MA 01226
07/31, 08/07, 08/14/2026

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Hampden Division
Docket No.
HD26P1542EA
Estate of:
Judith Ann Kennedy
Date of Death: 03/07/2026
INFORMAL PROBATE
PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner **Clifford C Phillips of Easthampton, MA.**

Clifford C Phillips of Easthampton, MA has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
08/14/2026

City of Holyoke
Invitation to Bid
IFB 2027-10DPW
Temporary Refuse Collection
Staffing Services

The City of Holyoke invites sealed bids from qualified temporary staffing agencies to furnish temporary laborers for the Department of Public Works Refuse Division in accordance with M.G.L. c.30B. The city is looking for an Agency that can provide temporary laborers to perform residential trash, recycling, and yard waste collection, loading/unloading refuse, and related labor under the daily supervision of the Department of Public

Works. The City may utilize up to five (5) temporary laborers at one time. Current staffing needs are estimates only. No minimum work is guaranteed. Documents are available electronically starting on August 12, 2026 @ 10AM by requesting them from mor-rowj@holyoke.org

Bids will be received electronically until **2PM on August 27th, 2026** where they will be publicly opened and read. The city will award a contract to the lowest responsive and responsible bidder in accordance with M.G.L.c.30B. The City reserves the right to reject any or all bids, waive minor informalities, and award in the best interest of the City.

08/14/2026

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and
Family Court
50 State Street
Springfield, MA 01103

Docket No.
HD26P1369GD
In the matter of:
Jaedison Jose Santos
Of: Holyoke, MA
RESPONDENT
Alleged Incapacitated Person
CITATION GIVING NOTICE
OF PETITION FOR
APPOINTMENT OF
GUARDIAN FOR
INCAPACITATED
PERSON PURSUANT TO
G.L. c. 190B, §5-304

To the named Respondent and all other interested persons, a petition has been filed by **Aysha M Vazquez of Holyoke, MA** in the above captioned matter alleging that **Jaedison Jose Santos** is in need of a Guardian and requesting that **Aysha M Vazquez of Holyoke, MA** (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 a.m. on the return date of **08/26/2026**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. **Claudine T. Stoudemire**, First Justice of this Court.

Date: July 29, 2026

Rosemary A. Saccomani
Register of Probate

08/14/2026

PUBLIC NOTICES
ARE NOW ONLINE

- 1 Email all notices to notices@turley.com
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Friday at 3 p.m.

visit www.publicnotices.turley.com

The Holyoke Sun
OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$275, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

SPORTS

A TURLEY PUBLICATION | www.turley.com

SEND US YOUR SUBMISSIONS

www.sports.turley.com

Youth athletes celebrate sport of volleyball

HOLYOKE – More than 90 young athletes joined volleyball enthusiasts from across the region as the International Volleyball Hall of Fame (IVHF) celebrated World Volleyball Day on July 7 with a full day of free activities honoring the birthplace of the sport.

The celebration began with Free Museum Day at the International Volleyball Hall of Fame, where visitors explored the history of volleyball through photos, artifacts and videos. The afternoon continued at Holyoke High School with a free youth clinic for players entering grades 6-12, led by Aaron Jessee, a movement coach and coach at Northeastern

See YOUTH, page 9



Turley photos by David Henry www.sweetdogphotos.com

West Side Sports Shop, featuring adult female players from throughout the region, took the PVSSL Women's Championship.

Sport Shop grabs ladies title

By Tim Peterson
Sports Correspondent

LUDLOW – Since joining the prestigious Pioneer Valley Summer Soccer League in 2021, West Side Sports Shop has claimed the women's championship title five times.

West Side Sports Shop entered this year's playoffs as the fourth seed. They posted a 2-0 shutout victory over second-seeded W. Mass Xtremes in the women's finals held at historic Lusitano Stadium in Ludlow last Friday night.

"We might be the fourth seed, but we played very well in the playoffs," said West Side Sports Shop head coach Chris Andre. "We lost to the Xtremes twice during the regular season."

The only year that West Side Sports Shop didn't take home the championship trophy

was in 2024. They beat top seeded Here for Beer in

See LADIES page 9



Chapin Jeannotte takes the ball up the sideline.



Sydney Mercier sends a free kick away.



Julianna Beaulieu sends a pass away.



Kaela Mochak heads up the field.

Mount Carmel takes Men's title

By Tim Peterson
Sports Correspondent

LUDLOW – Anthony Bourget was an assistant boys' soccer coach under longtime varsity coach John O'Keefe at Minnechaug Regional High School before stepping down at the end of last season.

Bourget was also the head coach of Villa FC, which captured the last two Pioneer Valley Summer Soccer League men's championship titles. Villa FC changed sponsors before the start of the 2026 summer league season and are now known as Mount Carmel FC.

Mason Perham is one of the former Minnechaug soccer players listed on the Mount Carmel roster.

Perham scored a second half goal, which helped topseeded Mount Carmel FC win the championship title once again with a crisp 2-0 win over secondseeded



See MENS, page 9

Shane Sewell sends a pass away.



Jake Durham plays the ball off his toe.



Deandrae Brown dribbles away from a defender.



Anthony Basile turns play around.



Mount Carmel captured the PVSSL Men's title this year.

Turley photos by David Henry www.sweetdogphotos.com

Classifieds

12 WEEKLY NEWSPAPERS | SERVING 50 LOCAL COMMUNITIES

A TURLEY PUBLICATION | www.turley.com

COMMUNITY MARKETPLACE

Call us at 413.283.8393

FOR SALE

BUSINESS FOR SALE

BIOLINKS OF NEW ENGLAND

Grease trap pumping business. Ninety customers, two pump trucks. Call Les 413-297-1513

FIREWOOD

FIREWOOD

Fresh cut & split \$240.00
Seasoned cut & split \$375.00
All hardwood.

Tree length available

*Also have seasoned softwood for outdoor boilers (Cheap). Quality & volumes **guaranteed!!** New England Forest Products (413)477-0083

MORE HEAT LESS WOOD. Central Boiler Classic Edge HDX Outdoor Wood Furnace. EPA Certified. Titanium Stainless Steel. \$2K Tax Credit. Call (508)882-0178.

TAG SALE

31 MILL ROAD, HAMPDEN
Aug. 15 & 16, 9am.-5pm
Rain date: Aug. 22 & 23, 9am-5pm
Christmas Village & decor, household items, toys and more.

WANTED

WANTED!

CASH for:

- Machinist tools, power tools & Snap on.
 - Electronics & Audio Equipment.
 - Sports Cards.
 - 70s/80s/90s Toys.
 - Antiques & Collectibles.
- Much, much more!

Call/Text Sam
413-531-5381

WANTED TO BUY

ALL ANTIQUES AND OLD STUFF WANTED.

BUYING Bottles, Crocks, Jugs, Pottery, Costume Jewelry, Toys, Games, coins, sterling, Glassware, Silver-plated items, watches, Musical instruments, typewriters, sewing machines, tools, radios, clocks, lanterns, lamps, kitchenware, cookware, knives, military, automotive, fire department, masonic, license plates, beer cans, barware, books, oil cans, advertising tins, hunting, fishing, signs, and more.

Donald Roy (860) 874-8396

CLASSIFIED DEADLINES

FRIDAY AT NOON

SERVICES

ALWAYS BUYING ALL ANTIQUES:

Musical instruments, guitars, horns, keyboards, vintage electronics, jewelry, coins, watches, military cameras, sports memorabilia, art, sterling, signs, automotive, hunting, advertising, radios, ham radio equipment, audio equipment, toys, one item or entire estate.

Call Paul 413-206-8688

JUNK REMOVAL

ARA JUNK FURNITURE REMOVAL

Full house cleanouts, attics, basements, garages, pools, hot tubs, sheds, decks. Same day service. 8am-9pm. Credit cards accepted. Free estimates on phone. Fully insured.

Call Pete 413-433-0356.

A Call We Haul FAST REMOVAL

Junk, Appliance, Cleanouts.

We load it & take it.

413-531-1936

CREDIT CARDS ACCEPTED

SERVICES



A B Hauling and Removal Service

2*****A & B HOUSEHOLD REMOVAL SERVICE*****

Cellars, attics, garages cleaned, yard debris. Barns & sheds demolished. Swimming pools removed. Cheaper than dumpster fees and we do all the work. Lowest rates. Fully insured. (413)283-6512, cell (413)222-8868.

DRYWALL, PAINTING AND CEILINGS, plaster repair. Drywall hanging. Taping & complete finishing. All ceiling textures. Fully insured. Jason at Great Walls. (413)563-0487

Advertise your HOME IMPROVEMENT SERVICES in our classifieds.

WE GET RESULTS!
Call 413-283-8393



SERVICES

ELECTRICIAN

PJ's Electrical MASTER ELECTRICIAN

- Licensed & Insured •

Providing safe, reliable electrical services for residential and commercial projects.

NOW OFFERING FREE CONSULTATIONS.
Call today to schedule your appointment.
(413) 366-1703
(Lic. #24046-A)

DANNY'S ELECTRICAL SERVICES LLC

I offer good quality electrical work, no project too small, free estimates, service upgrades, pools, budget friendly, committed to satisfaction, dependable & insured. Master Lic. #20773-A, Business Lic. #9310-A1. Text or call Daniel at 413-218-3301 or visit my website at dannyselectricllc.com to fill an online work request

GAGNON ELECTRIC
All types of electrical work. Fully insured. All work fully guaranteed. Free estimates. Lic. #14960A. 413-533-8867

ZEN ELECTRIC COMPANY LLC

Fully licensed and insured; Master Electrician on staff. Call for all your electrical needs. No job too small. Senior citizen and Veteran Discount. A veteran owned company. Call John at (413)206-6509. MA License #8101A1.

HOME IMPROVEMENT

CHAMELEON PAINTING & REMODELING

INTERIOR/EXTERIOR Remodeling & Deck Specialists

Residential/Commercial
Fully Insured • Free Estimates
413-351-1147

HOME IMPROVEMENT

Licensed & Insured

Walker
Home Improvement

Finish Carpentry • Framing • Drywall • Painting • & more!

(413) 687-5552

SERVICES

HOME IMPROVEMENT

HOME IMPROVEMENTS. REMODELING Kitchens, baths. Ceramic tile, windows, painting, wallpapering, siding, decks. Insurance work. Fully insured. Free estimates. (413)246-2783 Ron.

LANDSCAPING

A+ ROZELL'S LANDSCAPING & BOBCAT SERVICE

Excavator Services
Overgrown property?
Extreme Brush Cutting!
Shrub, Stump, Tree Removal
Lawn/Arborvite Installed
Loam, Stone, Mulch, Sand
Storm Clean-up
Small Demolition/ Junk Removal
Insured
Josh Rozell 413-636-5957

****ALL SEASON**** Specializing in shrub trimming, pruning, design, deliveries, loader, backhoe, insured. Professional. Please call Bob (413)537-5789.

LAWN & GARDEN

HEADS UP LAWN SPRINKLERS LLC.

Need sprinkler repairs or complete system check? We fix leaks, replace heads, troubleshoot problems, and add zones/ upgrade existing systems. Fast reliable service without big company prices.
Call 413-279-4122 to set up an appointment.

Post your job openings in our classifieds.

WE GET RESULTS!

SERVICES

MASONRY

STOP WET BASEMENTS

ABC MASONRY & BASEMENT WATERPROOFING

All brick, block, stone, concrete. Hatchway doors, basement windows, chimneys rebuilt & repaired, foundations repaired, basement waterproofing systems, sump pumps. BBB+ rating. Free estimates. Lic #14790. Call (413)569-1611, (413)374-5377

PLUMBING

GREG LAFOUNTAIN PLUMBING & HEATING Lic #19196 Repairs & Replacement of fixtures, water heater installations, steam/HW boiler replacement. Kitchen & Bath remodeling. 30 years experience. Fully insured. \$10 Gift Card With Work Performed. Call Greg (413)592-1505

RUBBISH REMOVAL

BOB ROBILLARD'S RUBBISH REMOVAL Attics, Cellars, Garages cleaned, Pools/Hot Tubs Removed. Family owned/ operated since 1950 (413)537-5090

TREE WORK

AAA-TROM'S TREE SERVICE PROFESSIONAL SERVICE. Residential removal of trees. Free estimates, Fully insured W/Workman's Comp. Remove them before the wind takes them down. Cordwood, stump grinding. Call 413-283-6374/cell 413-237-9881.

AFFORDABLE STUMP GRINDING Fast, dependable service. Free estimates. Fully insured. Call Joe Sablack 413-436-9821, Cell 413-537-7994

DL & G TREE SERVICE- Everything from tree pruning, tree removal, stump grinding, storm damage and brush chipping. Honest and Dependable. Fully insured. Now offering a Senior Citizen and Veteran discount. Call today for free estimate (413)478-4212

STUMP GRINDING

DL & G STUMP GRINDING Grinding stumps of all sizes, insured & certified. Senior discounts. Call Dave 413-478-4212.

AFFORDABLE STUMP GRINDING Fast, dependable service. Free estimates. Fully insured. Call Joe Sablack 413-436-9821, Cell 413-537-7994

Visit us at
www.turley.com

HELP WANTED

HELP WANTED:
General maintenance.
Good pay.
Call 413-297-1513, Les.

REAL ESTATE

FOR RENT



EQUAL HOUSING OPPORTUNITY

ALL REAL ESTATE advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

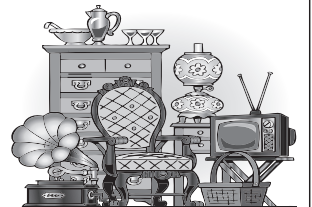
YOUR AD HERE

Email us at:
classifieds@turley.com

Call:
413-283-8393

Visit:
newspapers.turley.com/
classifieds

Buying? Selling?



Our Classifieds Get Results!

FILL OUT AND MAIL THIS MONEY MAKER

MAIL TO: Classifieds, 24 Water St., Palmer, MA 01069
or call: 413-283-8393

DEADLINES: FRIDAY AT NOON

CATEGORY:			
1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20
21	Base Price \$25.50	22	Base Price \$27.00
23	Base Price \$27.50	24	Base Price \$28.00
25	Base Price \$28.50	26	Base Price \$29.00
27	Base Price \$29.50	28	Base Price \$30.00
29	Base Price \$30.50	30	Base Price \$31.00
31	Base Price \$31.50	32	Base Price \$32.00
33	Base Price \$32.50	34	Base Price \$33.00
35	Base Price \$33.50	36	Base Price \$34.00
37	Base Price \$34.50	38	Base Price \$35.00
39	Base Price \$35.50	40	Base Price \$36.00

Name: _____ Phone: _____

Address: _____

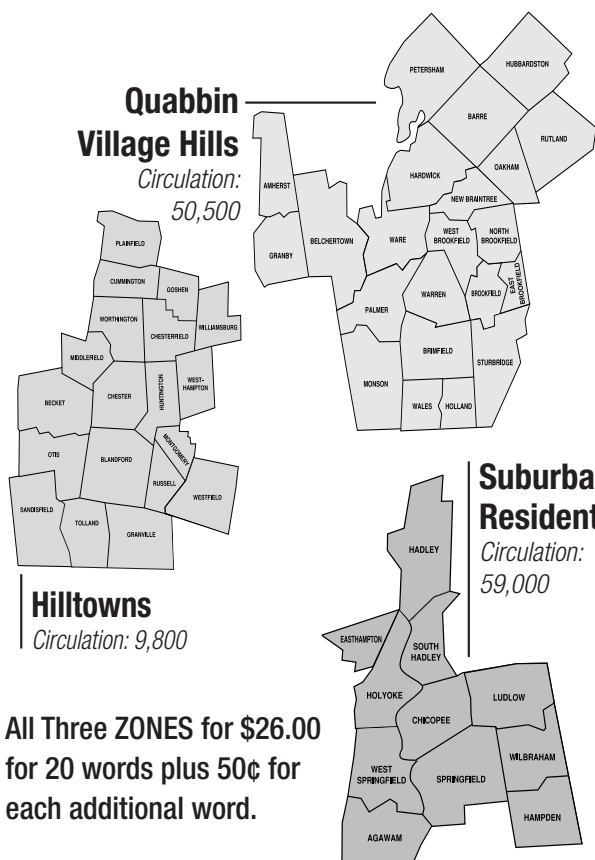
Town: _____ State: _____ Zip: _____

Number of Weeks: _____ X per week rate = \$ _____

Credit Card: ☐ MasterCard ☐ VISA ☐ Discover ☐ Cash ☐ Check# _____

Card #: _____ Exp. Date _____ CVV _____

Amount of charge: _____ Date: _____



All Three ZONES for \$26.00 for 20 words plus 50¢ for each additional word.

GREAT VALUE!
ALL 3 ZONES NOW FOR THE PRICE OF ONE!

Make checks payable to Turley Publications

OUR CLASSIFIEDS REACH 50 COMMUNITIES EVERY WEEK!

STAY ON TOP OF IT ALL!
Subscribe Today!

Turley
Publications, Inc.
12 HOMETOWN NEWSPAPERS
413.283.8393
www.turley.com
24 Water Street
Palmer, MA 01069

Valley Blue Sox 2026 season comes to end

HOLYOKE — The Valley Blue Sox’s bats finally awoke at home during Game 2 of the 2026 NECBL Playoffs Opening Round on Aug. 2. While the Blue Sox ultimately lost 14-5 to the Sanford Mainers, head coach John Raiola says his team has a lot to be pleased with.

“[As a coach] you try to provide the motivation and the energy and the right words, which are tough to find sometimes, especially when things aren’t going well,” said Raiola. “There are brighter days ahead, and we

have an outstanding coaching staff who brings that same message, and that is something we are proud of.”

The journey to get to the playoffs was grueling for the Blue Sox, winning both games of a home-and-away series on the final day of the regular season to secure their spot in the postseason. The team gave it everything they had in the two weeks leading up to the playoffs, but unfortunately ran out of steam in the end.

“They had to go out there and show up every

single day, tired, and same lineup, grinding their way through it,” said Raiola. “Credit to the players, credit to [team owner] Matt [Drury], and the coaching staff for keeping the train on the tracks.”

Despite finally breaking their duck and hitting the ball out of Mackenzie Stadium for the first time all summer, Sunday’s loss eliminated Valley from the playoffs.

Mackenzie Stadium is one of the larger fields in the league, with dimensions of 400 ft. to center, 330 ft.

to right, and 315 ft. to left, making it one of the hardest parks in the NECBL to hit a home run in. Valley did not hit a home run at the Mack until Sunday’s loss.

Entering the postseason, it seemed unlikely that statistic would change, but Valley’s Josh Toole (George Mason) went yard with two outs and two men on base in the bottom of the second. Toole swung at the first pitch he saw from Drew Smith (UConn) and sent the ball out of left field, scoring the first Blue Sox home run

at Mackenzie Stadium this summer, putting his team up 3-0.

Fans were still riding the high from Toole’s homer when Nick Spaventa (UPenn) added the second Blue Sox home run at the Mack an inning later. Spaventa hit the ball out into Valley’s bullpen with Esteban Garcia (Boston College) on third, extending the lead to 5-0.

Though the Blue Sox did not walk away with the win, it was only fitting for the team that clinched their

playoff spot on the last day of the regular season to also score their first home runs at the Mack during their last game of the summer.

“We talk so much about the wins and the losses throughout the year, but we don’t do it for the wins; the wins happen as a result of them continuing to show up and do the right things,” said Raiola. “They will look back on it, and they will realize that through failure comes a lot of success down the road, and that part in itself is rewarding.”

Hall of Famers signing autographs during Enshrinement Weekend

SPRINGFIELD – The Naismith Basketball Hall of Fame announced a new autograph and memorabilia event in partnership with Hall of Fame Signings and Panini America. On Saturday, Aug. 15, from 11 a.m. to 3 p.m., returning Hall of Famers and basketball celebrities will appear at the Hall of Fame for in-person autograph and photo sessions. Specific times of signers will be posted next week.

“We’re thrilled to offer fans a new way to connect with the game’s greatest players and personali-

ties during Enshrinement Weekend,” said John L. Doleva, President and CEO of the Naismith Basketball Hall of Fame. “This partnership with Hall of Fame Signings and Panini America gives our visitors a rare, in-person opportunity to meet Hall of Famers and take home a piece of basketball history.”

This inaugural event is open to the public, and all autograph and photo tickets can be purchased online in advance at halloffame-signings.com or in person at the Hall of Fame on Aug. 14 and 15.

Hall of Famers and celebrities scheduled to appear

Jim Boeheim (*05)
Earl Monroe (*90)
Jim Calhoun (*05)
Alonzo Mourning (*14)
John Calipari (*15)
Dennis Rodman (*11)
Patrick Ewing (*08)
Sheryl Swoopes (*16)
Allen Iverson (*16)
Chris Webber (*21)
Spike Lee (SuperFan *24)
Dominique Wilkins (*06)
Jerry Lucas (*80)
Roy Williams (*07)
Cheryl Miller (*95)

MENS, from page 7

Rumbleseat before a large crowd at Lusitano Stadium in Ludlow on Friday, July 31.

“We’ve won the last two men’s championship titles with Villa, and this is our first one with Mount Carmel,” Bourget said. “Winning the championship game is something that we expect to do every year. It was a hard fought battle tonight. Rumbleseat played very well against us.”

Mount Carmel FC, who finished the PVSSL regular season with a 10-1-0 record, defeated fourth-seeded CF Ardor, 2-0, in the semifinals.

Rumbleseat, who also lost to Mount Carmel during the regular season, entered the playoffs with a 9-1-1 record. They advanced into the men’s finals for the first time in more than ten years after knocking off the third-seeded KO Elites FC, 2-1, in the semifinals.

“This is the first time that we’ve made the finals in many years, and it was a fun game tonight,” said Kyle Giroud, who was an outstanding three-sport athlete at Chicopee Comp. “It’s always a great time playing in this league and I’m looking forward to playing again next year.”

Giroud is also a member of the Skidmore College men’s soccer team.

The men’s finals was scoreless at halftime.

Mount Carmel broke the ice four minutes into the second half.

The scoring play began with a crossing pass from Joao Miranda to Deandrae Brown, who fired a shot from the top of the box past Rumbleseat goalie Luke Theroux.

Miranda was selected as the M.V.P. following the match.

About ten minutes later, Perham scored a goal, which

was assisted by Brown.

“It just felt awesome to score a goal in the championship game,” Perham said. “We took control of the game at the start of the second half. We had another great season.”

Perham has been a member of Villa/Mount Carmel for the past four years.

“I’m very happy for Mason,” Bourget said. “He began playing with us the year after he graduated from Minnechaug. We also have a couple of other Minnechaug players on our team. We have a bunch of talented players on this team.”

The other former Minnechaug soccer players listed on the Mount Carmel roster are Kyle Atkin, Nick Cianflone, Chase Henderson, and Cam Rigney.

The members of the Mount Carmel FC are hoping to make it a four-peat in the summer of 2027.

LADIES, from page 7

the finals a year ago.

“We’ve set a high standard here,” Andre added. “A number of these players have been playing for me since our first year in this league. We also add a couple of new players each year. The players get along with each other very well and we always have a lot of fun.”

West Side Sports Shop, who finished the 2026 regular season with a 7-4-0 record, defeated the fifth-seeded Lusitano Women, 5-1, in the quarterfinals. Just like they did a year ago, they beat top seeded Here for Beer, 3-2, in the semifinals. West Side Sports also won the regular season match-up Here for Beer.

“Here For Beer is a very talented soccer team,” Andre said. “We played very well against them the other night.”

The West Side Sports Shop captain is Rhian Ryan, who graduated from Minnechaug a couple of years ago.

“I love being a member of this soccer team,” Ryan

said. “It feels nice to finally beat Xtremes, especially after losing to them twice during the regular season.”

Six other players listed on the Westside Sports Shop roster played soccer for legendary head coach Nundi Goncalves at Minnechaug. They are Emily Howard, Gabby Rita, Lylah Jeannotte, Chapin Jeannotte, Gaby Williams, and Claire Poindexter.

One of the West Side Sports Shop starters in the championship match was Mallory Pereira, who graduated from Ludlow High School.

Julianna Beaulieu, who graduated from Chicopee Comp, was selected as the M.V.P. of the women’s championship game.

“I never expected to be the M.V.P. of this game, but I knew we could win another championship title,” Beaulieu said. “I’ve now won three championships with this team, which is very special. It’s been a lot of fun playing soccer for this team.”

Beaulieu, who played both basketball and soccer at Utica University, scored a pair of goals in the finals.

She got things rolling during the 16th minute of the opening half by putting a shot into the back of the net past goalie Madison Harmon.

“Once the ball left my foot, I knew it was going into the net,” Beaulieu said. “It set the tone for the rest of the game.”

The Xtremes, who went 10-1-0 during the regular season, had an opportunity to tie the score during the 27th minute. Gianna Sakowski, who also graduated from Minnechaug, fired a shot on goal, which sailed high over the crossbar.

Beaulieu scored her second goal early in the second half.

Sara Avery, who was the West Side Sports Shop starting goalie, didn’t have to make very many saves in recording the shutout. Avery lives in Belchertown and she graduated from the MacDuffie School. She’ll be a senior on the AIC women’s soccer team this fall.

The members of the West Side Sports Shop will be looking to win another PVSSL championship title next summer.

YOUTH, from page 7

University and Endicott College and special guest clinician Chris Seilkop, 4x Paralympian and member of the USA Volleyball Board of Directors.

The evening concluded with the Volleyball Through Time Exhibition Match, where adult players from the Enigma Volleyball Club took fans on a 130-year journey through the sport’s evolution by competing under the

authentic rules of different eras. From unusual rules to long-forgotten systems, each set offered a glimpse into volleyball’s history and plenty of laughter from both the players and the crowd.

“World Volleyball Day is about celebrating where our sport began while inspiring where it’s going,” said George Mulry, Executive Director of the International Volleyball Hall of Fame. “Seeing so many young athletes on the court and hearing the excitement

throughout the day made this a fitting tribute to volleyball’s remarkable journey from Holyoke to the world.”

The International Volleyball Hall of Fame thanks the New England Region Volleyball Association, Enigma Volleyball Club, volunteers and community partners who helped make the celebration a success and continues to invite volleyball fans from around the world to visit the Hall in Holyoke, the birthplace of the sport.

Job Connection

HELPING YOU FIND HELP

If you have job postings to fill, get them the exposure they need.

Join us in highlighting what positions you have available in our Job Connection!

Each week this available jobs section will run in your community newspapers.

5.25" x 4"

\$150 for three papers

\$40 for each additional paper

5.25" x 8"

\$300 for three papers

\$80 for each additional paper

10.75" x 8"

\$600 for three papers

\$160 for each additional paper

10.75" x 15.75"

\$1,200 for three papers

\$320 for each additional paper

Choice of any three papers
Buy two weeks,
get the third week FREE

12 Weekly Newspapers Serving The Local Communities
Agawam Advertiser News • Barre Gazette • Chicopee Register • Country Journal
The Journal Register • Quabog Current • The Register • Sentinel
The Holyoke Sun • Town Reminder • Ware River News • The Wilbraham-Hampden Times
www.turley.com

Turley Publications, Inc.

Contact Wendy welcamp@turley.com or 413.283.8393



Ad Sales

We're Hiring

Join Our Team!

Offering a competitive commission structure, 401k, and health plan.

Turley Publications is looking for an outgoing, energetic person interested in selling advertising for our community newspapers plus more! The right candidate will assume an established territory with a portfolio of customers.

You must be a self-starter with excellent communication and organizational skills. Basic computer skills are required. Previous print sales experience is preferred but we will train the right candidate.

Apply Today!

FAMILY OWNED & OPERATED

Turley Publications

Send resume & cover letter to:
Jamie Joslyn
24 Water Street, Palmer, MA 01069
Email: jamie@turley.com



