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## A person in motion, learns in motion

By Quinn Suomala Staff Writer

HOLYOKE - The public library has started off their summer programs strong with a weekly Learn in Motion program, which operates in conjunction with the Healthy Summer Meals for Kids & Teens program, also known as Summer Eats.

"We're doing them in a collaboration in order to make sure that the children have something fun to do around that time where they're already going to be in the area of the library," Children's Librarian René Pellissier said.

The Learn in Motion program is at the library from 11 a.m. to 1 p.m. every Tuesday in order to provide the kids at the library with some fun activities to do while they are also present for the meal program provided by Holyoke Public Schools.

Summer Eats is present at Heritage Park, Carlos Vega Park, Springdale Park, Holyoke Hills and Community Field at a variety of times throughout the week. For more information on the meal program locations, go to https://www.hps.holyoke. ma.us/o/hps/page/food-services.

The Summer Eats program is also present at the library from 11:30 a.m. to 12:30 p.m.



Families gather to have fun during the Learn in Motion program.

every Monday through Friday. It was this that brought the inspiration for having the Learn in Motion program during the same time frame on Tuesdays.

"Since we know they're going to be here we wanted to have an area where they could do some fun outdoor play, really have some time where they can interact together and also have a fun time interacting with the library," Pellissier said.

Learn in Motion will have a variety of activities set up for the kids that come by the library during this time.

"They have some soccer set up, they'll do human bowling, they do obstacle courses,



Buckets and other fun games were set up for children and families to enjoy while waiting for their meals.

always some fun catch and giant cup stacking," Pellissier said. "Really there's a whole host of things that can be done."

This is not the first time that the library has worked with Learn in Motion. The program has collaborated with the library in the past in order to provide kids with fun, active



Children's Librarian René Pellissier joins the children in enjoying the outdoor fun.

activities to do.

However, this is the first time that the library has brought Learn in Motion and the public schools' meal program together. Pellissier was glad that they had decided to bring the programs together for this summer.

See MOTION, page 6

#### A WALK TO REMEMBER



A couple walks hand in hand along the Ashley Reservoir.

#### **Legion needs** new sprinkler system for building

**By Quinn Suomala** 

HOLYOKE - The American Legion Post 351 is seeking donations for a new sprinkler system. They will be hosting a benefit at 1 p.m. on Saturday, July 22 at 50 St. Kolby Dr in Holyoke to raise money for this issue.

"There's going to be raffles. Plus, for \$25 gets you a steak, a hamburger and a hot dog," Christine Janik, who works at the legion, said. "There's going to be music all day long-it will be a lot of

The benefit promises to be a great opportunity for community members to have a good time while also supporting the legion, which has served the community for years.

The legion needs to raise a total of \$100,000 in order to

See SPRINKLER, page 6

## **Committee weighs** new marijuana grower

By Quinn Suomala Staff Writer

toward opening a new marijuana manufacturing establishment at 1 Cabot Street in Units 5 and 6.

The ordinance committee held a public hearing at their meeting on June 27 to decide if the company would receive a special permit to operate a marijuana manufacturing establishment. Red Barn Growers owner David Gray, contractor Michael Schweitzer, legal counsel Isaac Fleisher, and project manager and architect Michael Palin presented information on the plans for this business.

"What we're looking to do is high quality craft cannabis," Gray said. "We're keeping it small, small footprint, LED lighting, staying as green as we can with it all."

The representatives pres-

ent for the meeting promised the committee that not only would their business bring HOLYOKE - Red Barn revenue to Holyoke through their product, but also through the worker's commitment to buying locally.

We have 50 employees and we all dine locally every single day," Schweitzer said. "The amount of revenue this building has generated for the city alone just in ancillary support, not even the business itself, I've seen firsthand."

Schweitzer also assured the committee that Red Barn Growers and the other tenants at 1 Cabot Street were all community oriented.

"This building has blown me away with what Tom [Tom Cusano, owner of 1 Cabot Street] has done, his vision for Holyoke," Schweitzer said. "This building is the only-and I've done a lot of these cannabis buildings-this is truly the only product I have been a part of where everyone from

See MARIJUANA, page 6

### MiraVista Welcomes No More Silence Massachusetts

NO MORE

HOLYOKE – Through a new partnership with MiraVista Behavioral Health Center, No More Silence Massachusetts, an area nonprofit that offers support to anyone affected by suicide loss, is changing the location of its meetings and expanding services.

Terri Tracy and her husband Daniel founded No More Silence Massachusetts as suicide loss survivors. Each of the Tracy's had brothers who died by suicide – Dan's brother Thom in 2007 at age 40, and Terri's brother Tommy in 2013 at age 42.

"Our Suicide Attempt Survivors Group will offer support to those who have made a suicide attempt at least two years ago and are 21 years of age or older," Tracy said.

The most recent government data

indicates that in 2021 there was an estimated 1.70 million suicide attempts in the United States.

"People come together and talk with each other more openly because they are surrounded by those who truly understand the type of loss experienced," Tracy said. "Although everyone's story is different and unique to them, the common factor is the loss to suicide."

Terri Tracey added that founding No More Silence Massachusetts has made her and her husband "both realhelp someone else, as well as realizing that others understand what we go through and are not alone."

"We are very pleased to have No More Silence Massachusetts support groups meet at GiraVista Behavioral Health

MiraVista Behavioral Health Center," said Kimberley Lee, MiraVista's chief of creative strategy and development. "As

a provider of services to those affected by mental health and substance use conditions, we know the importance of treatment and support for those seeking it. No More Silence Massachusetts provides comfort to those who have experienced suicide loss or attempted suicide in a setting where they can share their stories and know there are not alone on their journey of recovery."

No More Silence Massachusetts meeting dates and times are:

One-on-One Comfort Talks – Individual meetings the 1st Wednesday of the month beginning in August from 6:30 to 7:30 p.m.

Suicide Attempt Survivors Group – Meetings the 3rd Wednesday of the month beginning in August from 6:30 to 7:30 p.m.

Suicide Loss Survivor Group – Meetings the second and fourth Wednesday of the month beginning in July from 6:30 to 7:30 p.m.

## Hibernians to hold summer picnic Aug. 27 at Hamel's

HOLYOKE – The Hibernians of Hampden/Hampshire Counties invite the public to attend a Traditional Summer Picnic featuring Jim O'Connor and the Boston Blackthorn Band at Hamel's Summit View Pavilion ,555 Northampton St., on Sunday Aug. 27, from 1 p.m. to 4 p.m. rain or shine.

Tickets are \$30 per person for adults and children ages 16 and up; children ages 5- 15 tickets are \$11. For reservations call John Gaughan @860-904-3056 0r Fran Hennessey @ 413-785-5687 by Sunday Aug. 20.

The Hibernians will celebrate Holyoke's 150 anniversary of incorporation as a City and also present the Maurice A. Donahue Memorial Scholarship to Gavin Sullivan, Patrick Sweeney, and Caroline Taylor.

There will be Irish and American Music; Dancing; Hot Dogs; Hamburgers; BBQ Chicken; Baked Beans; Potato Salad; Tossed Salad; Dessert; Coffee; Cash Bar; Children's Games, and Raffles.

The Event will benefit the Maurice A. Donahue Memorial Scholarship.

#### **Book fair at Children's Museum**

HOLYOKE – The Children's Museum,444 Dwight Street, is having it's first book fair. Taking place on Saturday, July 29 and Sunday, July 30, from 10 a.m. - 3 p.m. This event aims to foster a love for reading, encourage creativity, and provide a platform for children to explore the wonders of literature regardless of socioeconomic status.

Admission to the book fair is free. Museum admission is children & adults \$8, seniors (62+) \$5, children under 1 year of age, and members are free.

The book fair selection of new and gently used books showcasing various genres, including fiction, non-fiction,

picture books, graphic novels, and more, plus enter a raffle. From beloved classics to contemporary favorites, there will be something to satisfy every young bookworm's appetite.

"Books spark children's imagination and foster their creativity. Through the stories they read, they can explore different worlds, characters, and scenarios," said Executive Director Abigail Scanlon. "This imaginative play cultivates creativity, empathy, and emotional intelligence. It encourages children to think creatively and generate their own ideas and stories encompassing the very mission of our museum."



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## HCC start paves way to Mt. Holyoke College for graduate

HOLYOKE – Tatiana McKnight's grandparents had the expectation that she would go to college.

Her grandparents are Sonia Nieto, the noted Puerto Rican educator and author, and Angel her husband, the Spanish poet Angel Nieto.

"When I graduated high school, there were certain expectations," says McKnight. "My grandmother was like, college is something you need to be doing, if you're not doing anything else."

As McKnight considered her options, her grandmother took her on a tour of Mount Holyoke College in South Hadley. She loved it.

Knowing that Mount Holyoke was a difficult school to get into Nieto had Mcknight vist Holyoke Community College.

On that visit, McKnight recalls her grandmother saying, in so many words, "Start here."

In June, after five years as a part-time student, McKnight, now 23, graduated from HCC with honors and her associate's degree in psychology.

"I'm very happy," she said. "This has been very validating for me. I've been doing this for a very long time, proving things to myself, because I doubt myself a lot."

As a teenager, McKnight was prone to panic attacks and diagnosed with agoraphobia, a debilitating fear of crowds.



Tatiana McKight with her grandmother Sonia Nieto after graduating HCC.

Submitted phot

For a while, she was homeschooled. Later she completed high school in Chicopee through an online program called Edgenuity.

After graduating, determined to better her circumstances, she found a therapist, who helped transform her life to the point where she felt comfortable again in the outside world.

Despite her progress, McKnight was unsurprisingly nervous about starting college, especially in person. On that first visit, Nieto brought her McKnight to see a friend, Irma Medina, senior special programs coordinator for HCC's Pathways program. Every year, Medina, herself a graduate of both HCC and Mount Holyoke, helps dozens of HCC students successfully transfer to competitive four-year schools,.

Nieto also introduced her granddaughter to Maureen Conroy, then the director of OSDDS, the college's Office for Students with Disabilities and Deaf Services. Conroy became McKnight's learning specialist and helped her obtain needed classroom accommodations. She also offered McKnight a campus job as an assistive technology trainer in the college's Assistive Technology Center."She said, I think you'd be good at it," says McKnight. "I was kinda shocked. I don't know why she thought I'd be good at it. That was my first job ever in my life. But she made me feel very comfortable. I trusted her"

Through Pathways, Medina helped McKnight build an academic record that would give her the best chance of getting into a top transfer school.

Since 2022, in addition to her schooling, McKnight has been working with autistic children as a behavioral technician for a company called Butterfly Effects. She conducts home visits and implements behavior plans to help children improve their communication skills and give them a better chance for living successful, independent lives.

"At one point, I was the person who needed help, and what my therapist did for me, motivated me to want to do that for other people," says McKnight.

In May, she got the good news. She'd been accepted as a Frances Perkins Scholar at Mount Holyoke College, where she plans to study psychology. Although she'll miss HCC, she says she's looking forward to a new start at Mount Holyoke.

"I'm excited to be part of campus life there," she says. "I'm ready."

## Staying safe and emotionally healthy during summer vacation

HOLYOKE – Dr. Negar Beheshti, a board-certified adult, child and adolescent psychiatrist and Chief Medical Officer for Holyoke-based MiraVista Behavioral Health Center and sister hospital, TaraVista Behavioral Health Center in Devens, recommends a balance of structured fun and learning during school vacation.

Beheshti recommends as well that primary care givers do their due diligence to keep everyone engaged in safe behavior that supports mental health.

Conversations around behavior and activities, she adds, should be age appropriate.

"For example, children in elementary school may be doing a lot of summer camp activities and this is an opportunity to talk to them about appropriate behavior with other peers at the camp," Beheshti said. "When you get to the tweens, they may not want the regular, structured routine of summer camp. However, it is still good to do some type of structured program as it gives middle-schoolers the opportunity to continue social development break/.

The stat Health and I ly created in https://www mental-health web resourc grams for yo academic and www.mass.



Dr. Negar Beheshti

and promotes new learning opportunities. Some school districts offer enriched learning programming at least part of the day that holds the potential to explore something new in a fun way."

Other tips and recommendations for a safe and enjoyable summer break for young people from Dr. Beheshti, including what routines should be main-

tained, how to approach a difficult topic, including a change in normal behavior, and support available to a child questioning their sexual orientation or gender identity, can be found at https://www.miravistabhc.care/staying-emotionally-healthy-during-school-break/

The state Executive Office of Health and Human Services recently created new resource hubs for LGBTQ+ individuals including at https://www.mass.gov/lgbtq-youthmental-health-resources, as well as a web resource page on summer programs for youth that are a mix of the academic and the recreational at https://www.mass.gov/info-details/summer-learning.

## **Enjoying a sober summer: Embracing fun and wellness on vacation**

HOLYOKE – Summer travel is up nearly 20 percent from last year with more than 80 percent of Americans planning a vacation, and slightly less than half of these vacationers expect to take more than one vacation.

The anticipation and planning for a summer get-away can be exciting, but vacation time can provide challenges around sobriety, too. Here are a few recommendations from MiraVista Behavioral Health Center to stay recovery-strong on a summer break while enjoying all its adventure and relaxation.

Prioritize Self-Care: Vacation is not a break from self-care. Take time to exercise, select healthy menu choices, and get quality sleep. Self-care is the foundation of recovery.

Explore Sober Fun: Look for sober activities that align with interests. Go hiking, try a new water sport, visit local landmarks, and journal about it at day's end.

Plan Ahead for Triggers: Identify potential triggers that may arise during vacation and plan accordingly. If certain places or situations make you uncomfortable, create alternative plans or avoid them altogether. Have coping strategies in place to manage any unexpected triggers that might come up.

Practice Mindfulness: Embrace call 413-701-2600 option 3.

the present moment during vacation. Engage all senses and fully experience the moment fully. Be present, savor each moment, and let gratitude guide the journey.

Stay connected: Traveling doesn't mean leaving behind a support network. Connecting to services via one's smartphone or computer helps sustain sobriety. Update and keep accessible your contact list of trusted friends and relatives, valued sponsors/peer recovery specialists, as well as therapists whom you can reach out to if needed through email, text, or phone

Visit Alcoholics Anonymous at https://aa-intergroup.org/, Narcotics Anonymous, https://www.na.org/meetingsearch/, and Al-Anon, https://al-anon.org/al-anon-meetings/, to access virtual meetings and other recovery support.

Milestones: If the vacation coincides with a recovery milestone or anniversary, use this time to reflect and celebrate the journey.

By prioritizing well-being, staying connected, and embracing the present moment, everyone can have an incredible vacation while sustaining your recovery.

Discover more about MiraVista's outpatient substance use treatment options by visiting miravistabhc.care or call 413-701-2600 option 3.

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#### **Guest Column**



Brimfield resident reported a great crested flycatcher using a nest box in his yard, a first for him for this species.

He said he saw them several times in his yard this year and recently saw a bird enter the box. He set up a wildlife camera and got a photo of the flycatcher at the nest box.

The great crested flycatcher is about eight inches long and has a crest as its name implies. The belly is bright yellow and the tail is reddish brown. The bird is gray overall with a darker gray throat and two white wing bars.

It raises its crest in alarm or curiosity. During aggressive displays it shows the reddish-brown feathers on its wings and tail by spreading them open. Its warning call is a loud, ascending "wheep" and a "prreet."

The female lays five to six whitish eggs with darker marks in a new lined with grass, fur, bits of paper and occasionally bits of snakeskin. It will nest in a natural cavity, old woodpecker hole or nest box. They breed in the east and middle states in the north and south and some parts of Canada.

The great crested flycatcher inhabits woods and wooded urban areas. It flies from a perch to catch insects and often feeds high in the tree tops. Occasionally, it eats berries.

#### Flycatcher at Lake Winnisquam

Sunday, June 25 I spent the day at my camp on Lake Winnisquam in Meredith, New Hampshire with one of my daughters and granddaughters. While standing on the dock, I noticed a great crested flycatcher flying out from tree branches along the shore. Its yellow belly was the identifying mark.

#### Other birds at the lake

I also saw double-crested cormorants. One swam by the dock and another landed on a rock in the lake.

I did hear the loon, but I did not see them. The call came from a cove across the lake where the Loon Preservation Committee maintains a loon sanctuary with a floating nest.

There were several boats anchored in the cove. I think one boater got too near the roped off area as the loon started making its tremolo call, an alarm call. Loon chicks usually hatch sometime around the Fourth of July week or second week in July.

The water was quite warm and great for swimming. I hoped to make the trip to the lake again on the Fourth of July, but the weather did not cooperate.

#### Fledglings in Brimfield

I received an email from a Brimfield resident the end of June. He reported several fledglings in his yard. He saw at least three cardinals with dark bills being fed by their parents.

Other youngsters included three fledging downy woodpeckers following their mother and begging for food, a young chipping sparrow, eastern towhee and a red-bellied woodpecker. He said the eastern towhee resembled the female, but it had a streaked breast. He saw the red-bellied at the feeder.



Great crested flycatcher

He also said, "House wren have nested in the yard for several years, unfortunately they stuff several nesting boxes with sticks that don't get used. On at least two occasions have evicted black-capped chickadees, who had stared to use a box.

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

## the HOLYOKE



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#### Rainy weather equals slug paradise

was so excited to be growing my cabbage, kale and cauliflower plants under bug netting this year in an attempt to keep them free from cabbage worms and loopers.

Formerly I had used a row cover with moderate success. It kept in the heat and seemed to encourage tall spindly growth on the broccoli.

So, I did some research and ended up with some netting that so far was working out great, until I saw the holes on my outer cabbage leaves. Slugs.

And of course, bug netting would not have an effect on slugs. Not at all.

Has the recent bout of rainy weather made your garden slug paradise? If so, here is a recap from a previous article so that you too can wage your own private war on the slug.

Your first strategy should be to alter your surroundings to make them less slug friendly. Slugs feed during the night and hide during the day, for that reason we should rid the garden of popular daytime hiding spots, or at least conduct a search and destroy mission on



these spots regularly.

I use old boards as garden paths, separating plots of greens. First mistake; boards, bricks, and rocks make great cover for slugs from the midday sun.

From now on I'll turn these boards over once a day and play "salt a slug" or better yet,

"squirt a slug." A couple shakes of the salt shaker will dehydrate slugs, and a mixture of half-water, half-vinegar in a spray bottle will take care of business as well.

You can also bring a container of vinegar water or salt water to the garden and simply drop them in, using gloves, of course, less be stained by soap resistant goo.

Mass trapping also works. Probably the most famous trap around is made from stale beer.

To be effective it must be set up correctly, otherwise slugs will be lured but not trapped. Bury a container level with the soil surface and fill it with beer to one inch from the top.

Ideally, slugs stretch out their bodies to reach the liquid, fall in and drown. Dump the container often, especially after it rains, since water will dilute the beer as well as raise the level of the liquid.

Commercial slug "motels" come with a yeasty powder you mix with water - these work on the same principle as our homemade version.

Some folks also have good luck trapping slugs in watermelon or cantaloupe rinds placed about the garden. Dispose of the slug filled fruit into the trash each morning without an ounce of slime on your fingers!

Barrier methods are also used to keep slugs off of your plants.

The most common is diatomaceous earth, a sharp substance formed from the skeletons of microscopic organisms called diatoms. Slugs avoid it, less they be cut to shreds.

My mom had reasonable success using lime, and I have heard the same regarding wood ashes. The most common recommendation is a two inch strip around the plants you want to be spared.

Slugs also reportedly hate crossing over copper. Line the perimeter of your garden with copper strips, or just target specific plants that slugs seem to go for.

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.



**OF NOTE** 

"It always seems impossible until it's done."

Nelson Mandela

## Letters to the Editor Policy

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Deadline for submissions is Wednesday at noon.

Please email (preferred) letters to thesun@turley.com. Mailed letters can be sent to *The Sun*, 24 Water Street, Palmer, MA 01069.



#### The Community College option

#### By Eric Goodhart

This is the first of six articles that address the characteristics of the community colleges in western Massachusetts.

With the annual cost of private and state colleges costing in 2023 up to \$85,000 and \$39,000 respectively, families are looking at ways to save money. Community Colleges are challenged to meet the need of those students, who are looking at the CC option.

Some do it better than others. The question is, which CC is better equipped to support and prepare a teenager through two years and matriculate with the transferable credits to qualify as a junior at a four-year institution, private or public?

Many people think of a community college as the next step in post high school education either to lead to training in a vocation requiring an Associate of Arts degree, a certification for a job or matriculation to a four-year state or private college. That, in fact, has been the case for thousands of Massachusetts students since 1960. That was the year Berkshire Community College was opened. It was the very first CC in the Commonwealth.

One does not have to look far to find data ranking four-year colleges in the US. In fact, the pioneer of such research was the US News & World Report in 1983. That turned into being a huge money maker for the publisher. So much so, that many other magazines got into the ranking business. But because Community Colleges are largely drawing students from drivable distances there has been no such ranking for CCs.

This article and those that follow do not attempt to rank the colleges in the manner of the above mentioned. The focus is on identifying the academic strengths of each college, particularly the particular departments for which



**Greenfield Community College** 

they are well known. I look at the percentage of students that matriculate in two years to four-year colleges, public and private. From Mount Wachusett Community College in Gardner to the Berkshire Community College in Pittsfield. Both do very good jobs in the areas I highlight below.

I counsel a number of students around the country. The rising cost of four-year private and public colleges in California has risen so high that what was once an "open-door" policy for high school graduates into a CC is no longer guaranteed for any program at most of the CCs in that state. The cost of even living in California has made CCs the most economical option for many. Nothing to be embarrassed about. Providing the even lower cost of a CC becomes a good return on investment.

Commonwealth CCs have not closed their doors except for students looking at training and certification in various health care fields such as nursing. That is the case at Mount Wachusett Community College and Greenfield Community College. That does not mean, however, a student with aspirations to become a nurse cannot start at a CC. A good CC advisor, like the two CCs mentioned above, should be able to design a course plan for that student to earn admittance to the over enrolled more academic selective programs providing he or she has a strong academic



**Berkshire Community College** 

outcome in the core courses.

Some areas a student and parents should research before enrolling are these. Request a meeting with a counselor, who has at least four years' experience as an academic and career advisor at that college or elsewhere. Most CCs have less than 30% of full-time students enrolled. How long does it take to earn an AA or certificate in a particular vocational program? What are the transfer steps at the CC to make sure the courses taken are transferable?

If those basic steps are not satisfactory, check out another CC even if it means renting an apartment in that community. CCs should be able to suggest suitable, safe housing. Living away from home while enrolled at a CC will help the student and parents see how ready he or she is to take on the responsibility to do the academic work in class; wash their clothes in a timely manner and even take on a part time job.

In a prior column I spoke about why college is so expensive. Besides starting a dollar cost average saving plan for college when the student is still in the womb, dual enrollment can be a very good option. It will get the stu-



Mount Wachusett Community College

dent out of the high school where in too many cases, the expectations and grade inflation have not truly prepared many high school graduates for college level work.

I once interviewed a Yale professor who told me candidly that in the last 15 years, he could not understand how some of his students were admitted. They could not put a cogent paragraph together in class.

There are also excellent four-year colleges that offer online courses to anyone with a desire to learn. Hillsdale College is one of those colleges. Ideally, many colleges with the exception of the Ivy League and its ilk may give college credit for such courses.

College Level Examination Program is another often forgotten option. At the very least it will demonstrate to the college admissions committee, that the student has taken the initiative and has the "intellectual curiosity" to do more than meet the basic requirements to graduate. More specifics on each of the Commonwealth's western CCs will come beginning next week.

Editor's note: People may email questions to edowner@turleycom.

#### **Education**

#### **Western New England University** welcomes newest members to alumni

SPRINGFIELD - Western New England University held its undergraduate commencement ceremony on May 20 in the Anthony S. Caprio Alumni Healthful Living Center, celebrating the Class of 2023. The keynote speaker Jon Clifton, CEO of Gallup the global analytics and advice firm, talked about the power of being unique. "You owe it to the world to discover what makes you uniquely great-and never stop developing those strengths."

These students are from the Holyoke

Taylor Marie Beaudreau graduated with a BS in Criminal Justice. Taylor also graduated with a minor in Psychology.

Morgan Danielle Reardon graduated Cum Laude with a BS in Criminal Justice.

Megan Ann McGuinness graduated Summa Cum Laude with a BS in Secondary Education/Math Sciences. Megan also graduated with a minor in Biology.

#### **Western New England University** celebrates Master degree graduates

HOLYOKE - Stephen M. Murphy graduated with a MSE in Civil Engineering.

On Sunday, May 21, the University conferred degrees to more than 200 graduates receiving masters, law, and doctorate degrees from its Colleges of Arts and Sciences, Business, Engineering, Pharmacy, and School of

In his remarks President Robert E. Johnson challenged the graduates to, "stay curious in the ever changing world, remain agile so that you learn, unlearn, and relearn and you will transform the world."

#### **Bryant University's Spring dean's list**

Doherty of Holyoke named to Bryant University dean's list for his unwavering

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- 35. Woman (French) 36. Wife

- 39. Two-toed sloth 41. Blood group
- 42. Soaks
- 44. Biu-Mandara language of Cameroon
- 46. Japanese prefecture 47. Place to be
- during a rock concert 49. Fully grown
- humans 52. Emaciation 56. Sparkling
- 58. Fruits you peel 60. Derived from a
- 62. Popular items to grill

#### **CLUES DOWN**

- Before 2. Actress Dunham
- 3. This (Spanish) Director Peter

- 5. Dominant
- 6. English artists' society (abbr.)
- 7. NY Giants legend 8. It's in the ground 9. No No No
- 10. Pesky insect 12. Danish-American
- muckraking journalist 13. Kids love to do it
- 16. Good Gosh! 17. Fakes
- 20. A citizen of Denmark
- 22. Mystic syllable 25. Commercial 26. Letter of the
- 27. Helpers 29. Water (French)
- 31. Young woman 34. Red-brown sea
- bream 36. Messenger
- ribonucleic acid

- 37. Comprehends 38. Walk with confidence
- 40. Home of the Flyers
- 43. Appetizer 45. News
- organization 48. Source of the Nile
- 50. A way to march 51. Soluble ribonucleic acid
- 53. Egyptian bullgod 54. Children's author
- Blyton 55. Baseball pitching
- stat Hebrew alphabet 57. Rude young
  - person 58. Table napkin 59. Monetary unit in
  - Asia 61. One-time AL MVP Vaughn

CROSSWORD ANSWER on page 10

#### In The News



There were many activities enjoyed at Holyoke Public Library.

#### MOTION, from page 1

"It seemed, last year, like there were great numbers of kids coming to the park in order to come get their lunches and they were stopping by but there was nothing drawing them over to the library itself, they would just pick up the food and leave," Pellissier explained. "Whereas now we sort of have it set up where they can come, they can play and then pick-up their food, they can come pick-up their food, eat and then play. So, we just have something that keeps them in the area, keeps them outside and makes sure that they're having fun."

So far, the program is off to a great start, with many in the community already coming to enjoy the chance to have some fun outdoors.

"It's been great, everyone has had a lot of fun," Pellissier said.



Kids and parents gather at Holyoke Public Library to play games at the Learn in Motion program.



Holyoke and Chicopee Family and Community Program sets up a table near the activities for families to come and get information.



Summer Eats is present at the Holyoke Public Library.



Glenda Rivera helps serve lunches to the children and their families.

#### **SPRINKLER**, from page 1

get this sprinkler system and keep their doors open.

"We need to keep our legion open and we can't do it without a sprinkler system," Janik said.

If they cannot raise the funds for and install the sprinkler system, they will be shut down due to non-compliance with the city. The current deadline, according to Janik, is February. They hope that the upcoming benefit will help them get to where they need to be.

So far, they have held a host of events to raise funds for this project. This includes their weekly "Bike Nites" where they have live music as well as a spaghetti supper.

"We have nightly bands there, we just do a lot of stuff," Janik said. "We have the 'Bike Nites' as well, and we're bringing in that to help us."

These events have helped them to raise about a quarter of their needed funds, and they are turning to the community to help get them the rest of the way

The legion has served veterans and

active military members in Holyoke for over 75 years. They support local organizations, such as the Holyoke Soldiers Home and host an annual catfish derby to raise funds for people in need.

"We support the Girls and Boys club...we're always helping other organizations out," Janik said. "We'll have benefits and we won't charge them for the space if they want to come in. We support all the other Legions who are in trouble also, as they do to us."

The legion has truly created a family environment that helps to support the community, and they hope to continue to do so for years to come. However, if they are to continue to serve, they need donations.

The legion always posts upcoming events on their FaceBook page, which is titled The Holyoke American Legion Post 351. If interested in supporting the legion and learning more about future events, as well as the upcoming benefit, Janik recommends community members check there.

If interested in making a donation, but unable to attend the benefit, go to https://www.gofundme.com/f/tgtrje-vet-erans-need-your-help.

#### MARIJUANA, from page 1

Tom right down to the bottom tenant truly cares about each other and the well being of the community, without question."

Committee member and city councilor Israel Rivera brought up concerns about whether or not 1 Cabot Street would have adequate parking space for this business. Schweitzer and Palin were quick to assuage these concerns.

According to Schweitzer, there only needs to be one parking space for every four employees. Red Barn Growers should only need four employees max once the business is open. The other businesses planned within the building have similarly low employee counts.

"Even though this building's massive...these businesses require very minimal employee counts. So, realistically we will meet code," Schweitzer said.

Palin agreed with him.

"We calculated the maximum number of employees we can have per floor and because the cannabis grow industry requires very little labor to it, it can easily fit into the usage, even when the entire building is filled," he said.

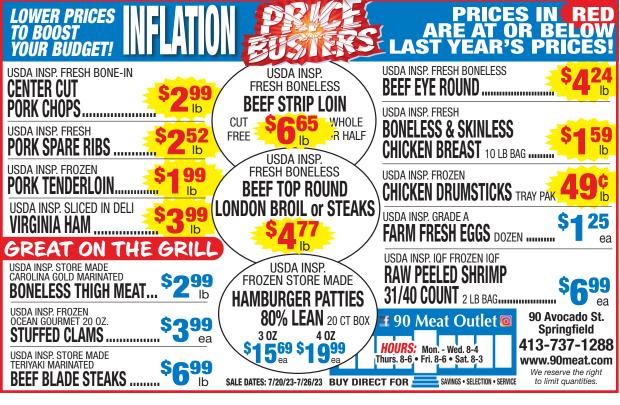
At the time of the meeting, the company was still working toward finalizing their host community agreement, though they believed it would be completed shortly.

"Holyoke has been in the process of drafting a new model hosting agreement, we received the first draft of that last Thursday," Fleisher said. "We immediately reviewed it, got back to the law department with our comments...we went through every aspect of it and I think we're very close at this point. There were a few outstanding issues, each side was going to propose some different language, but I think we're probably a week out from a final agreement."

They are also waiting on feedback from the planning department, which they also hope to receive soon.

Due to this, the committee tabled this item until their next meeting, which will be Aug. 22 at 6:30 p.m., so that the company will have time to pull together these final details.

"Hopefully you can go back and forth with planning and everything will be checked out by Aug. 22," Committee Chair Linda Vacon said.







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**Aldenville** defeats **Pittsfield** 

CHICOPEE - Last Wednesday night under some rainy and stormy conditions, Aldenville's offense had no trouble getting the win, finishing off Pittsfield 11-1.

Aldenville, which has players from Chicopee, Holyoke, and South Hadley would win their final three games of the regular season and went on to face West Springfield in the opening round of the Legion District tournament.

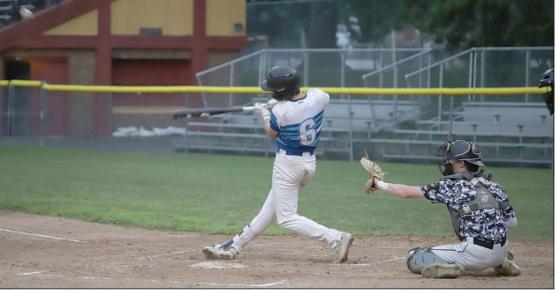
Results and photos from that game will be in next week's edition.



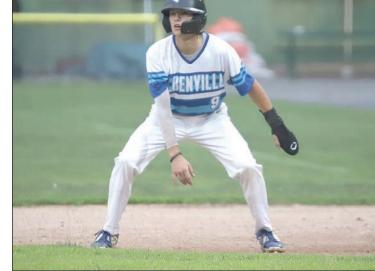
Race Drobiak pitches for Aldenville Post 337.



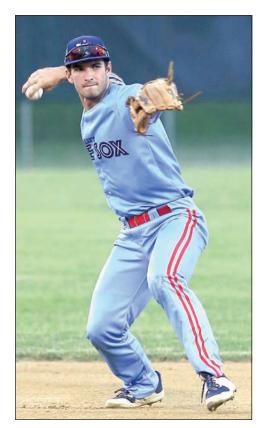
Luis DeJesus slides into second with a stolen base.



Braeden Lamirande swings and connects.



Nathan Carillon takes his lead off first base.

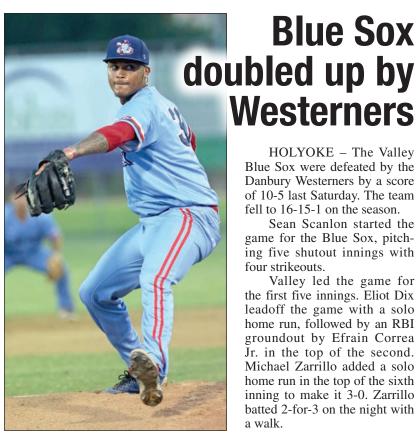


Jeff Pierantoni winds up for a long throw. Turley photos by David Henry www.



Turley photos by Gregory A. Scibelli

Michael Zarrillo gets the out at first.



Jonathan Bautista pitches for the Blue Sox.

 $HOLYOKE-The\ Valley$ Blue Sox were defeated by the Danbury Westerners by a score of 10-5 last Saturday. The team fell to 16-15-1 on the season.

**Blue Sox** 

Sean Scanlon started the game for the Blue Sox, pitching five shutout innings with four strikeouts.

Valley led the game for the first five innings. Eliot Dix leadoff the game with a solo home run, followed by an RBI groundout by Efrain Correa Jr. in the top of the second. Michael Zarrillo added a solo home run in the top of the sixth inning to make it 3-0. Zarrillo batted 2-for-3 on the night with a walk.

See BLUE SOX, page 8

## Bankers in great shape heading for playoffs

By Tim Peterson Sports Correspondent

HOLYOKE – PeoplesBank has been one of the best baseball teams in the Tri-County League during the past few decades.

PeoplesBank has won the last nine TCL championship titles and a total of 18 since 1995. They entered the final week of the 2023 regular season with a 15-1 record.

"We were the second seed in last year's playoffs, which I believe was only the second time that we weren't the top seeded team during the past nine years," said Joe Ferry, who has been the PeoplesBank player/ manager since 2019. "We finished the regular season with the same record as Easthampton Savings Bank, but they won the tiebreaker against us."

PeoplesBank wound up defeat-

ing Easthampton Savings Bank in last year's finals.

Because Easthampton Savings Bank is no longer a member of the TCL, the Chicopee Falls Tigers will probably be PeoplesBank biggest challenge in this year's playoffs.

"We're looking forward to playing any team in the playoffs," Ferry said. "All of the teams are gunning for us. We do have a big target on our backs, but we know how to deal with the pressure."

St. Joe's celebrated a 3-1 home win over PeoplesBank on June 6.

"We haven't lost a game since St. Joe's beat us in the second game of the season," Ferry said. "We won the next three games against them by the final scores of 14-1, 14-0, and 14-4."

The only other PeoplesBank managers during the past 30 years have been Jim Long, who passed away on July 12, 2017, and Fred Perry.

"I have a tremendous amount of respect for Jim Long," Ferry said. "He meant a lot to this baseball team and we're trying our best to carry on the winning tradition here. We just want to have fun and win another championship title."

Most of the PeoplesBank players have been playing together for many years

"We do have a very good team chemistry," Ferry added. "We also have a lot of other guys who can fill in. We're always looking to add new players every year."

PeoplesBank will enter this year's TCL playoffs as the top seed. They clinched first place following a 10-0 home victory against 413 ATC on July 11. Jimmy Flahive hurled a sixth inning no-hitter in that contest.

The other members of the PeoplesBank pitching staff are Johnny

Gegetskas, Matt Gardner, Zach Handzal, and Danny Gaines, who's from Holyoke.

"We do have a solid pitching staff," Ferry said. "We play a couple of games each week and the starting pitchers know which day they're going to pitch."

Ferry was the j.v. baseball coach at Palmer High School when Handzal was a member of the team.

"I just love playing on the same baseball team with Zach. He's a bulldog on the mound," Ferry said. "He always gives 110% effort in every game."

Several other players listed on the PeopleBank roster are Dave Clark, Pete Hogan, Kyle Platner, Seth Allen, Sam Allen, Rey Rivera, and Aiden Consedine

The Tri-County League playoffs are scheduled to begin on July 24. Each of the playoff series will be a best of three series









## Hall presenters named

SPRINGFIELD – The Naismith Basketball Hall of Fame announced the list of Hall of Famers scheduled to present the Class of 2023 at the Enshrinement Ceremony to be held Saturday, Aug. 12, at Symphony Hall in Springfield, Massachusetts, the "Birthplace of Basketball." 45 Hall of Famers are expected to be in attendance for the ceremony, including all presenters.

Members of the Naismith Basketball Hall of Fame Class of 2023 were asked to select previous inductees to accompany and present them to their peers. The choice is solely the decision of the incoming Hall of Famers or their family members if recognized posthumously.

The 2023 Hall of Fame Inductees and Presenters:

1976 Women's Olympic Basketball Team, presented by Ann Meyers (Class of 1993), Nancy Lieberman ('96)

Becky Hammon, presented by Sheryl Swoopes ('16), Teresa Weatherspoon ('19)

David Hixon, presented by Jim Twitter and Instagram.

Calhoun ('05), John Calipari ('15)

Dirk Nowitzki, presented by Jason Kidd ('18), Steve Nash ('18)

Dwyane Wade, presented by Allen Iverson (\*16)

Gary Blair, presented by Teresa Weatherspoon ('19), Van Chancellor

Gene Bess, presented by Chris Bosh ('21), John Calipari ('15), Roy Williams

Gene Keady, presented by Jerry Colangelo ('04), Tom Izzo ('16)

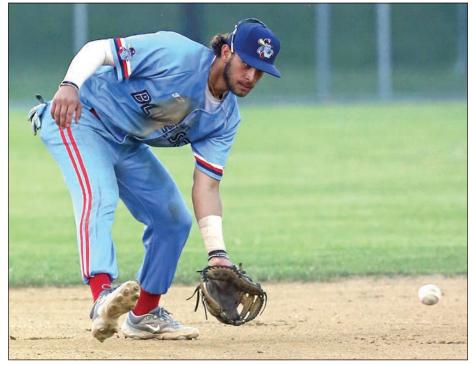
Gregg Popovich, presented by David Robinson ('09), Manu Ginobili ('22), Tim Duncan ('20), Tony Parker ('23)

Jim Valvano, presented by John Calipari ('15)

Pau Gasol, presented by Toni Kuko (\*21)

Tony Parker, presented by Manu Ginobili (\*22), Tim Duncan (\*20)

For more information and the latest updates, visit hoophall.com/ Enshrinement or follow @hoophall on Twitter and Instagram.



Matthew Garcia fields a grounder.

Turley photos by David Henry www.sweetdogphotos.com

#### BLUE SOX, from page 7

The trouble began in the bottom of the sixth inning, when the Blue Sox gave up seven runs off of back-to-back-to-back home runs followed by a fielding error and a sacrifice fly to allow the Westerners to take the lead 7-3.

AJ Guerrero hit a solo home run in the top of the seventh to cut the Danbury

lead to three runs. The left fielder went 3-for-5 on the night.

Danbury added three more runs off in the bottom of the seventh following a two run home run and an RBI double, allowing the Westerners to increase their lead 10-4.

Valley would take one more run back following a solo home run from CJ Willis, making the final score 10-5.

#### (

## Mutiny makes playoffs following tie with Rush

**By Tim Peterson** Sports Correspondent

LUDLOW – The New England Mutiny managed to qualify for the United Women's Soccer (UWS) playoffs for the second consecutive year.

The Mutiny officially clinched a berth in this year's East Conference playoffs following a 2-2 draw against the Connecticut Rush at Lusitano Stadium in Ludlow on July 8.

However, it wasn't the result that the Mutiny players or coaches were really looking for in the regular season home finale.

"You don't always get the result that you're looking for in the game of soccer," said Mutiny assistant coach Jill Kochanek. "We tried a slightly different formation with the personal that we had for tonight's match."

First-year Mutiny head coach Maurico 'Toto' Coimbra was unavailable for comment following the home match.

The Mutiny, who finished the regular season with a 4-2-2 overall record, entered the playoffs as the sixth seed. They were scheduled to make to Lancaster for a quarterfinal match on Wednesday July 12.

"We come into every season expecting to make the playoffs. That's our number one goal," said Meghan Cunningham, who has been playing for the Mutiny for more than ten years. "It's disappointing that we're not a higher seed this year."

The conference semifinals and finals are scheduled to be held at a site to be announced this weekend.

Following a 3-0 road win against the Scorpions SC on June 12, the Mutiny had a 3-0-1 record.

Their leading goal scorer at that point of the regular season was Catherine Berry, who headed back to University of South Carolina to prepare for the upcoming fall soccer season.

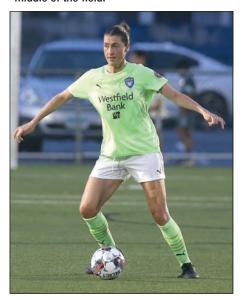
Had Berry been able to play in every regular season match, the Mutiny, who posted a 1-2-1 mark during the second half of the regular season, would've probably been hosting a playoff match for the second consecutive year.

A year ago, the Mutiny lost to FC Buffalo, 2-1, in the East Conference semifinals at Lusitano Stadium.

"Having to play a midweek playoff game on the road is always a very difficult thing to do," Cunningham said. "Hopefully, we can get a good group of players for our playoff game. It has been a lot of fun being a member of this soc-



Hope Santaniello maneuvers through the middle of the field.



Meghan Cunningham looks to make a decision with the ball.

cer team and I'm hoping to come back again next year."

The start of last Saturday's match was delayed for an hour due to light-ning.

Once the weather did clear up, the Mutiny took a 1-0 lead during the second minute of the opening half.

Jenna Kalwa, who's the head coach of the University of Saint Joseph women's soccer team, began the scoring play by sending a pass to Catherine Bean in the middle of the box. Bean finished off the play by blasting a shot into the upper left corner past Rush goalie Alessandra Augur.

Bean, who's from Westfield, will be a junior on the Bryant University women's soccer team in the fall.



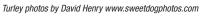
Catherine Bean tries to corral the ball.



Laci Lewis gets ready to clear the ball.

She gave the Mutiny a 2-0 advantage by converting a rebound goal during the 23rd minute.

The Mutiny other local players, who saw action in the regular season finale, were Hope Santaniello (Agawam), Laura Gouvin (Monson), Ela Kopec (Ludlow), Brooke Samborski (Chicopee), and Alexis Legowski (South Hadley). Julia Robak (Chicopee) was the back-up goalkeeper.





Laura Gauvin gets past an opponent.

The Rush (1-6-1) cut the deficit in half a couple of minutes later following Ellery Winkler's first goal of the contest.

A little more than five minutes into the second half, the Mutiny had another scoring chance on a header in the box by Rachel Marchini following a corner kick, but it just sailed wide.

The Mutiny managed to hold onto the one goal lead until the 74th minute when Winkler fired a low shot into the right corner of the net past Kopac tying the score at 2-2.

Marchini missed another header and the Mutiny had to settle for the draw.

#### Bonsignore wins photo finish at New Hampshire Speedway

LOUDON, N.H. – Justin Bonsignore scored his second win of the NASCAR Whelen Modified Tour season on Saturday evening at New Hampshire Motor Speedway – and did it in a photo finish coming to the line. The driver of the No. 51 for Ken Massa Motorsports machine was out front when rain hit the track with just under 35 laps to go and the field pulled down pit road.

It looked as though it might be over - but the rain stopped - NASCAR and track officials dried the track - and the Mohegan Sun 100 went back under the green flag. Bonsignore pitted during the caution and had to restart outside the top-10. He charged through the field and was in position to race for the lead in the final few laps in the Phoenix Communications ride.

Bonsignore passed Doug Coby to take the lead when the field crossed at the white flag. Off turn two on the final lap, Coby went to the outside of Bonsignore for the lead with Ron Silk looking threewide to the bottom. Bonsignore led



Justin Bonsignore was a winner at New Hampshire Motor Speedway last weekend.

1**d.** Submitted photo through the middle of turn three before Coby crossed to the bottom and got inside coming off turn four to the finish line.

Bonsignore and Coby drag-raced to the line and made a little bit of contact, with Bonsignore coming out on top by a small margin. It was the 37th career win for the Holtsville, New York, native and his second points-paying win at New Hampshire.

"It was just crazy," Bonsignore said. "The way we were able to drag-race back to the line and beat Doug, it was amazing. This is our Super Bowl, our Daytona 500. There's nothing like racing a Modified here. I'm glad we got the race back going and the fans stuck it out. Coby, Silk and I have a good rivalry but there's a ton of respect involved. I knew where I wanted to be on the last lap."

Bonsignore will be back on the track at Claremont Motorsports Park for the next NASCAR Whelen Modified Tour event on Saturday, July 29. For more information on the three-time series champion, visit JustinBonsignore.com.

#### Public Notices

Commonwealth of Massachusetts Probate and Family Court Department HAMPDEN SS Docket No: HD22P2593PM

To all persons interested in the estate of Patricia A. Costello of Holyoke in said County, person under conservatorship single.

A petition has been presented to said Court for license to sell at private sale - public auction - certain real estate of said Patricia A. Costello for her maintenance.

If you desire to object thereto you or your attorney should file a written appearance in said Court at 50 State Street, Springfield before ten o'clock in the forenoon on the 9th day of August 2023, the return day of this citation.

Witness, BARBARA M. HYLAND, Esquire, First Judge of said Court this 7th day of July 2023.

Rosemary A. Saccomani Register 07/21/2023

Commonwealth of Massachusetts The Trial Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103

(413)748-7758

Docket No. HD23P1479EA
Estate of:
Francis E Frisino
Date of Death: 06/17/2018
CITATION ON
PETITION FOR
FORMAL
ADJUDICATION

To all interested persons:
A Petition for Late and
Limited Formal Testacy
and/or Appointment has
been filed by David Schirch
of Holyoke, MA requesting
that the Court enter a formal
Decree and Order and for
such other relief as requested
in the Petition.

The Petitioner requests that: David Schirch of Holyoke, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 08/11/2023.

This is NOT a hearing date, but a deadline by

which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED
ADMINISTRATION
UNDER THE
MASSACHUSETTS
UNIFORM PROBATE
CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon.
Barbara M Hyland, First
Justice of this Court.
Date: July 14, 2023

Rosemary A. Saccomani Register of Probate PUBLIC HEARING NOTICE

The Holyoke Local Historic District Commission will hold a Public Hearing on Thursday, August 3, 2023 at 6:00 p.m. via zoom. com (https://us02web.zoom. us/j/82731223000); Meeting ID: 827 3122 3000 or CALL **IN** 1 646 558 8656 to hear, in accordance with Mass General Law (MGL) Chapter 40C, the establishment of a local historic district on the property of Our Lady of Guadalupe Church, Rectory and Recreation Hall, located at 435 Maple Street (Parcel 010-09-002), formerly known as Sacred Heart.

APPLICANT: Holyoke Local Historic District Commission

LHDC CHAIRPERSON: Lauren Niles 07/14, 07/21/2023

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Hampden Division
Docket No. HD23P1411EA
Estate of:
Madeline R Smith

Date of Death:
May 27, 2023
INFORMAL PROBATE

PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of

Petitioner Donna A Horne of Holyoke, MA

Petitioner David Smith of East Longmeadow, MA a Will has been admitted

to informal probate.

Donna A Horne of
Holyoke, MA

David Smith of East Longmeadow, MA

has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 07/21/2023

Notice to Bidders
IFB 2024-002SD (REBID)
City Of Holyoke
Office of Purchasing
536 Dwight Street Room 3
Holyoke, MA 01040
IFB 2024-002(REBID)

Interior and Exterior Painting at 3 Schools in Holyoke. Contractor will be responsible for all Labor and Materials. Prevailing Wages must be used. Full bid documentation will be available by 07/19/2023 at 10AM via email @ morrowj@holyoke. org BIDS ARE DUE BY 8/2/2023, 2PM EST. EMAIL SUBMISSIONS WILL NOT BE ACCEPTED The City Reserves the right to reject any and all bids. 07/21/2023



## Job Connection

#### POSITIONS AVAILABLE

## Community Newspaper **EDITOR WANTED**

Turley Publications is looking for a "hands on" energetic candidate who loves telling stories to be the editor for two weekly publications. This position will include managing and coaching a small news staff that will provide the community with a great local newspaper.

The editor will need to cover local government and events while representing the newspaper at public venues.

The successful candidate will have strong community journalism skills and is also expected to gather news and write stories for the two papers as well as for other occasional companywide publications.

This is a job for a self-starter who has a vision for growing and connecting with our valued readers, and who thoroughly enjoys community journalism.

This full-time position with flexible schedule is based in our Palmer office at 24 Water St., this is not a remote position.

#### Qualifications should include:

- Bachelor's degree or equivalent experience
- Willingness to mentor a staff writer and correspondents
- Editing experience and ability to write clean copy in a fast-paced, deadline-driven environment
- Proficiency in Associated Press style
- Management experience and/or experience managing content for a print publication.

Please send resume and writing examples to:

Eileen Kennedy, Executive Editor 24 Water St., Palmer, MA 01069 or email directly to ekennedy@turley.com

#### **OPPORTUNITY**

#### newspaper correspondent

Turley Publications seeks **Experienced Writers/Journalists** to produce news and/or feature stories of local interest for various towns and cities.

- Must be dependable, professional and able to meet strict deadlines
- Salary based on a flat rate by story and photo

#### STAFF WRITER

Turley Publications, based in Palmer, is seeking a storyteller who is curious about everything, and who understands how town government works to join our team of weekly reporters.

Experience in covering town government is a huge plus, and any experience in community journalism is as well. Staff writers cover all aspects of communities from features to municipal meetings to crimes and fires. Successful candidates must have people skills, plenty of curiosity and able to tell a story.

If you're a self-starter who enjoys community journalism and who can envision themselves connecting with our communities, we encourage you to apply for this position. Not a remote position.

#### Qualifications should include:

- Bachelor's degree or equivalent experience
- A determination to get the story, whatever it might be
- Equally comfortable writing hard news, features and event coverage
- Ability to write clean copy in a fast-paced, deadline-driven environment
- Proficiency in Associated Press style

Please tell us in a cover letter why you would be a good fit for this position and send it along with a resume and three writing samples to



Eileen Kennedy, Executive Editor 24 Water St., Palmer, MA 01069 or email directly to ekennedy@turley.com

#### 0 AMS D E N SSE D Α UN M R G D S ВЕ R Α Ν 0 N Т M I Α В 0 В S

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The other is a **Paid Obituary**, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

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#### WANTED

#### **WANTED TO BUY**

ANTIQUES AND OLD STUFF WANTED BUYING Bottles, Crocks Jugs, Pottery, Costume Jewelry, Toys, Games, coins, sterling, Glassware, Silver-plated items, watches, Musical instruments, typewriters, sewing machines, tools, radios, clocks, lanterns, lamps, kitchenware, cookware, knives military, automotive, fire department, masonic,license plates,beer-cans, barware, books, oil cans, advertising tins, hunting, fishing, signs, and more Donald Roy (860)874-8396

#### **JUNK REMOVAL**

#### **ARA JUNK** REMOVAL

Full house cleanouts, attics, base ments, garages, pools, hot tubs, sheds, decks. Same day service. 8am-9pm. Credit cards accepted. Free estimates on phone

Call Pete 413-433-0356.

Amount of charge:

#### **JUNK REMOVAL**

#### A Call We Haul

Fast Rubbish Removal Junk Appliance Cleanouts.

We load it & take it.

413-531-1936

#### SERVICES



\*\*\*\*\*A & B HOUSEHOLD REMOVAL SERVICE\*\*\*\*\*\*

Cellars, attics, garages cleaned, yard debris. Barns & sheds demolished. Swimming pools removed. Cheaper than dumpster fees and we do all the work. Lowest rates. Fully insured. (413)283-6512, cell (413)222-

**BILODEAU AND SON ROOFING.** Established 1976. New re-roofs and repairs. Gutter cleanings and repairs. Licensed/ insured. Call (413)967-

CHAIR SEAT WEAVING & refinishing - cane, fiber rush & splint - Classroom instructor, 20+ years experience. Call Walt at (413)289-6670 for esti-

DRYWALL AND CEILINGS, plaster repair. Drywall hanging. Taping & complete finishing. All ceiling textures. insured. Jason at Great Walls. (413)563-0487

#### PAINTING & MORE

Interior painting and small exterior jobs. Chores and odd jobs too! Professional and reliable. No iob too small. Servicing the Wilbraham Tom 339-832-5682.

#### **SERVICES**

#### HOME IMPROVEMENT

HOME IMPROVEMENTS. RE-MODELING Kitchens, baths. Ceramic tile, windows, painting, wallpapering, siding, decks. Insurance work. Fully insured. Free estimates. (413)246-

#### **HOME REPAIR & REMODELING**

for all your interior & exterior needs. Carpentry, woodworking, porches, patios, windows, doors, painting, drywall, siding, landscaping, clean-outs. Comcall Brendan (413)687-5552

#### LANDSCAPING

#### A+ ROZELL'S **LANDSCAPING & BOBCAT SERVICE**

**Excavator Services** Overgrown property? Extreme Brush Cutting! Shrub, Stump, Tree Removal Lawn/Arborvite Installed Loam, Stone, Mulch, Sand Storm Clean-up Small Demolition/ Junk Removal

Josh Rozell 413-636-5957

\*\*ALL SEASON\*\* Specializing in shrub trimming, pruning, design, deliveries, loader, backhoe, insured. Professional. Please call Bob (413)537-5789 (413)538-7954.

#### MATT GUERTIN LANDSCAPING Serving Wilbraham & Ludlow

Weekly mowing and yard maintenance Landscape installation and restoration Hedge trimming, pruning, and mulching. Schedule fall lawn overseeding

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#### **SERVICES**

#### **MASONRY**

#### **STOP WET BASEMENTS ABC MASONRY & BASEMENT** WATERPROOFING

All brick, block, stone, concrete. Hatchway doors, basement windows, chimnevs rebuilt & repaired, foundations repaired, basement waterproofing systems, sump pumps. BBB+ rating. Free estimates. Lic #14790. Call **(413)569-**1611, (413)374-5377

#### **PLUMBING**

**GREG LAFOUNTAIN PLUMBING** & HEATING Lic #19196 Repairs & Replacement of fixtures, water heater installations, steam/HW boiler replacement. Kitchen & Bath remodeling. 30 years experience. Fully insured. \$10 Gift Card With Work Performed. Call Greg (413)592-1505

#### **RUBBISH REMOVAL**

**BOB ROBILLARD'S RUBBISH REMOVAL** Attics, Cellars, Garages cleaned, Pools/Hot Tubs Removed. owned/operated since 1950 (413)537-5090

#### **TREE WORK**

DL & G TREE SERVICE- Everything from tree pruning, tree removal, stump grinding, storm damage and brush chipping. Honest and Dependable. Fully insured. Now offering a Senior Citizen and Veteran discount. Call today for free estimate (413)478-

#### **REAL ESTATE**

#### **FOR RENT**



Currently seeking applicants for our Elderly/Handicapped **TWO** bedroom housing program at Centennial Commons in Hampden, Mass. These units are located on the second floor. There are no elevators. The maximum net income for a two person household is \$63,800. Interested applicants may obtain a housing application by calling

(413) 566-8157

**EHO** 

#### **SERVICES**

#### **STUMP GRINDING**

DL & G STUMP GRINDING Grinding stumps of all sizes, insured & certified. Senior discounts. Call Dave 413-



Call for a Free Estimate, Veteran Owned, Fully Insured 413-213-5470

Read your local newspaper online at

#### **TUNE-UPS**

#### NOWBLOWER & LAWNMOWER **A&M TUNE-UPS** Push Lawnmowers, Riding Mower

and Small Engine Repair. Work done at your home. Call Mike (413) 348-7967



**SAW STUMP GRINDING** 

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#### AUTO



#### HELP WANTED

PER DIEM FRONT DESK.

Great place to work our front desk staff is averaging 10 years and counting! This is a part time per-diem position, 10-20 hours a week, including weekend coverage. Retirees encouraged to apply. Send a resume to: The Gardens of Wilbraham, 2 Lodge Lane, Wilbraham, MA 01095. Email: mchisholm@thegardensofwil-braham.com. Fax: 413-596-5320. Managed by Athena Communiti EOE.

#### TOWN OF WILBRAHAM **BORROWER SERVICES ASSISTANT**

HEAVY EQUIPMENT OPERA-TOR Looking to fill several vacancies in the Town of Wilbraham. For application and more information please visit www.wilbraham-ma.gov. Open until filled, review of application begins immediately. EOE

#### **REAL ESTATE**

FOR RENT



**EQUAL HOUSING** OPPORTUNITY

ALL REAL ESTATE advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

Find archives of this local newspaper at www.newspapers.turley.com

#### FILL OUT AND MAIL THIS MONEY MAKER

QUABBIN & SUBURBAN - FRIDAY AT NOON **DEADLINES:** MAIL TO: Classifieds, 24 Water St., Palmer, MA 01069 or call: 413-283-8393

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25	Base Price \$28.50	26	Base Price \$29.00	27	Base Price \$29.50	28	Base Pric \$30.0
29	Base Price \$30.50	30	Base Price \$31.00	31	Base Price \$31.50	32	Base Pric \$32.00
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ALL THREE ZONES. Number of Weeks:\_\_\_\_ \_\_ X per week rate = \$\_\_\_ Credit Card: ☐ MasterCard ☐ VISA ☐ Discover ☐ Cash □ Check# Card #: Exp. Date \_

HILLTOWNS - MONDAY AT NOON Quabbin **Village Hills** Circulation: 50,500 Suburban Residential 59,000 Hilltowns Circulation: 9.800 Buy the Quabbin Village Hills or the Suburban Residential ZONE for \$26.00 for 20 words plus 50¢ for each additional word. Add \$10 for a second Zone or add \$15 to run in

	First ZONE base price		Includes — additional words
Add a second ZONE		\$10.00	Run my ad in the
	Add a third ZONE	\$ <b>5.00</b>	following ZONE(s):
	Subtotal _		
	x Number of Weeks		Suburban
	TOTAL Enclosed		- Hilltowns

Date:

#### In The News

## Holyoke Senior Center announces weekly activities

HOLYOKE-- Holyoke Senior Center, 291 Pine Street, has ongoing weekly activities.

Classes with an asterisk (\*) next to them are also available on Zoom. For more information, and to make reservations or appointments, call 413-322-5625.

#### Monday

Healthy Joints\*;10 a.m., Healthy Joints\*;11:15 a.m.:Senior Strength\*;12:30 p.m.;Senior Band Rehearsal;1 p.m.: Chair

Volleyball, Watercolor Painting; 5 p.m.: Yoga en Español, Zoom only.

#### Tuesday

8:15 a.m.;Balance & Agility; 9 a.m.: Osteo Exercise\*; 9:30 a.m.:Painting (reg. Req.);10 a.m.:Course in Miracles, Therapy Dog Riley;10:15 a.m.;Balance & Agility\*;11 a.m.:Shake Your Soul\*;12:30 p.m.:Writing Your Life Story, Mah Jongg;1 p.m.: Zumba; 2 p.m.:Chair Yoga\*;3 p.m.:Mat Yoga\*.

#### Wednesday

8:30 a.m.: Healthy Joints Exercise\*; 9 a.m. Beg. Line Dancing; 9:30 a.m.:BP Clinic;10 a.m.:Int. Line Dancing, Healthy Joints\*;11:15 a.m.:Senior Strength\*;12:30 p.m.:Senior Sing, Pitch;1 p.m.:Golden Senior Club.

#### Thursday

8:15 a.m.:Balance & Agility\*;8:30 a.m.: Garden Club; 9 a.m.:Osteo

Exercise\*; 9:30 a.m.: Painting (reg. Req.);10 a.m.:Stroke & Aphasia Support Group;10:15 a.m.: Fun & Fit\*;11:15 a.m.: Meditation in Motion;12 p.m. :Model Train Club;12:30 p.m.:Pitch;1 p.m.: Reunión Social.

#### Friday

9 a.m.:Ceramics;10a.m.:Therapy Dog Milo, Chair Yoga\*;12:30 p.m.:Mah Jongg;1 p.m.:Bingo.

### Doors Open Holyoke event to be held Oct. 14

HOLYOKE – The Office of Planning and Economic Development (OPED) is excited to announce the City's 3rd annual Doors Open Holyoke 2023 will take place on Saturday, Oct. 14 from 9 a.m. To 12 p.m.

Doors Open events across the country invite the public to see behind the doors of many places not usually open to the public. Doors Open connect residents and visitors to local places of historical, cultural, and architectural significance to bridge communities and inspire new and broader perspectives. The first Doors

Open took place in France in 1984, and the concept has spread to other places in Europe, North America, and elsewhere. Holyoke is celebrating the third annual Doors Open celebration.

2021 and 2022 DOH featured iconic Holyoke locations like Open Square, the Richards Train Station and the Victory Theater, as well as places of worship and manufacturing companies. This year's DOH will be part of a full day of events celebrating Holyoke's 150th sesquicentennial

Doors Open relies on individuals

and organizations that have a passion for Holyoke. If interested in being a Doors Open location please fill out the google form application:

https://docs.google.com/forms/d/e/ 1FAIpQLSfwwUmAyQyuz3hG9-PMmwUXgzLjpgHjGMoZiebmAHn-7PHi7w/viewform?usp=sf\_link

Additional event details, locations, and schedule of this year's DOH events will be available in the coming weeks at https://www.exploreholyoke.com/explore/doors-open-holyoke/featured/and Facebook.com/exploreholyoke.

## Open video gameplay at library

HOLYOKE – Holyoke Public Library, 250 Chestnut St., will be hosting an open gameplay with virtual reality component. Saturday, July 22, from 11 a.m. to 2 p.m.

Event is for all ages, but space is limited. Call 413-420-8101 or email library@holyoke.org to register.

## Holy Trinity Greek Orthodox Church hosting annual Greek festival

HOLYOKE--Saturday, Aug. 26, at the Holy Trinity Greek Orthodox Church Grounds, 410 Main Street, will be having the second annual Greek festival from 11 a.m. – 4 p.m.

There will be Greek food, pastries and music. Event is rain or shine. Admission will be free. For more information, contact Sharon at 413-533-9880 or email holytrinityofholyoke@gmail.com.

## Library offering drop-in genealogy hours to consult with professional

HOLYOKE – Holyoke Public Library is having drop-in hours to consult with professional genealogist Irisheri Alicea Flores. On Tuesday, July 25, from 4 to 6 p.m. Flores will be

available to help learn how to use genealogical sources, organize the research and help plan the next step with research. Flores is bilingual. Patrons will not be charged for this service.

# Send Us Your Autumn Event Information

Turley Publications will print your Autumn event FREE OF CHARGE in our Autumn Fest Supplement which will be published September 13, 2023.

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Deadline for Calendar submissions is August 16.

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Event Name				
Date/Time				
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Cost				
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